### Curriculum Vitae of

## Dr. Muhammad Kamruzzaman Mozumder

Department of Clinical Psychology, University of Dhaka. Dhaka -1000, Bangladesh

Phone (Office): +880-2-9661900 ext. 7800 Cell. +8801713066423 E-mail: mozumder@du.ac.bd

## **CURRENT POSITION**

Professor, Department of Clinical Psychology, University of Dhaka, Bangladesh.

# Other engagements

President, Bangladesh Clinical Psychology Society (BCPS), Dhaka, Bangladesh

Independent Clinical Practitioner

Freelance Consultant for Development Organizations

# Previous engagements

Chairman, Department of Clinical Psychology, University of Dhaka, Bangladesh.

Member: Ethical Review Committee, icddr,b Dhaka, Bangladesh.

Member: Biological Science Faculty Ethics Committee, University of Dhaka, Bangladesh.

## **FWLLOWSHIP**

Fulbright Visiting Scholar (2021)

Commonwealth Professional Fellow (2017)

## **EDUCATIONAL PROFILE**

Ph.D. : 'Cognitive Determinants of Racial Prejudice.'

School of Medicine and Health Sciences, Monash University, 2013.

M.Phil. : 'Development of a Scale of Obsessive-Compulsive Disorder'

Department of Clinical Psychology, University of Dhaka, 2005.

M.Sc. : Department of Clinical Psychology, University of Dhaka, 2001.

B.Sc. (Hons.) : Department of Psychology, University of Dhaka, 2000.

## **COURSES TAUGHT**

# 1. PhD in Clinical Psychology

- CPSY 702.1 Quantitative Research Design (2 Credit)
- CPSY 702.2 Qualitative Research Design (2 Credit)
- CPSY 705.1 Philosophy of Research Design (Non-credit)

# 2. MPhil in Clinical Psychology

CPSY 602.B Advanced Research Methods

- 3. MS in Clinical Psychology
  - CPSY 502 Fundamental Principles of Clinical Psychology (2 Credit)
  - CPSY 505 Clinical Research Methods and Statistics (4 Credit)
- 4. Master of Public Health (MPH)
  - PBH761 Mental Health

## RESEARCH PUBLICATIONS

- 1. Wells, R., Acarturk, C., **Mozumder, M. K.**, Kurt, G., Klein, L., Lekkeh, S. A., . . . Rosenbaum, S. (2023). Testing the effectiveness and acceptability of online supportive supervision for mental health practitioners in humanitarian settings: a study protocol for the caring for carers project. BMC Psychiatry, 23(1), 884. https://doi.org/10.1186/s12888-023-05246-1
- 2. **Mozumder, M. K.**, Jasmine, U. H., Haque, M.A., Haque, S. (2023) Mental health and suicide risk among homosexual males in Bangladesh. *PLoS ONE* 18(8): e0289597. https://doi.org/10.1371/journal.pone.0289597
- 3. **Mozumder, M. K.** (2022) Reliability and validity of the Perceived Stress Scale in Bangladesh. *PLoS ONE* 17(10): e0276837. https://doi.org/10.1371/journal.pone.0276837
- 4. Islam, S. & Mozumder, M. K. (2021). Challenges to providing quality mental health services for forcibly displaced populations: The case of Rohingya refugees in Bangladesh. *Asian American Journal of Psychology*. 12(3), 234–240. doi: 10.1037/aap0000195
- 5. Fischer, L., Zarate, A., **Mozumder, M. K.**, Elshazly, M., and Rosenbaum, S. (2021). Barriers, attitudes, confidence and knowledge of mental health and psychosocial humanitarian staff in Cox's Bazar, Bangladesh in responding to suicide risk. *Intervention*, 19(2), 242-248. doi: 10.4103/INTV.INTV\_53\_20
- 6. Jerin, M. I., & **Mozumder, M. K.** (2019). Exploring host community attitudes towards Rohingya refugees in Bangladesh. *Intervention*, 17(2):169-173. doi: 10.4103/INTV.INTV\_27\_19
- 7. Ager, W., Horn, R., **Mozumder, M. K.**, Riley, A., & Ventevogel, P. (2019). From the editors: introducing *Intervention's* special issue on the mental health and psychosocial wellbeing of Rohingya refugees. *Intervention*, 17(2):117-121. doi: 10.4103/INTV.INTV\_54\_19
- 8. **Mozumder, M. K.** (2019). Normative data on Bangla versions of the Beck Hopelessness Scale, the Perceived Stress Scale, and the General Health Questionnaire. *Bangladesh Psychological Studies*, 29, 43-58.
- 9. **Mozumder, M. K.** (2017). Validation of Bengali perceived stress scale among LGBT population. *BMC Psychiatry*, 17(1), 314. doi: 10.1186/s12888-017-1482-0
- Mozumder, M. K., Haque, M. A., Jasmine, U. H., Royal, R. I. & Sharmin, R., (2016) Behavior and Experience of Male Homosexuals in Bangladesh. *Bangladesh Journal of Psychiatry*, 30 (2), 41-44. doi: 10.3329/bjpsy.v30i2.45364
- 11. **Mozumder, M. K.** & Haque, S. (2015). Stereotypical thoughts and perceptions among Chakma and Settler Bengalis in Southeastern Bangladesh. *Peace and Conflict: Journal of Peace Psychology*, 21(2), 285-288. doi: 10.1037/pac0000091
- 12. Miah, M. A., Al-Mamun, M. A., Khan S., & **Mozumder, M. K.** (2015) Sexual Myths and Behavior of Male Patients with Psychosexual Dysfunction in Bangladesh. *The Dhaka University Journal of Psychology*, 39, 89-100.

- 13. Gayen, T. K. & **Mozumder, M. K.** (2011). Burnout among the Clinical Psychological Service Providers of Bangladesh. *Bangladesh Psychological Studies*, 21, 75-90.
- Kaly, A., Mozumder, M. K., Rahman, M. M. & Parveen, Z. (2010). Clinical Psychology Service at Non-medical Setup: Service Development and Profile of Clients Attending Students Guidance and Counseling Center of University of Dhaka. The Dhaka University Journal of Psychology, 34, 1-11.
- 15. **Mozumder, M. K.** & Begum, R. (2008). Symptomatology of Obsessive-Compulsive Disorder in Bangladesh. *Bangladesh Psychological Studies*, 18, 1-10.
- Mozumder, M. K. (2007). Implementation of Cognitive Behavior Therapy in the Treatment of Obsessive-Compulsive Disorder in Bangladesh: A Case Study. B. Psychological Studies, 17, 37-48.
- 17. Uddin, Z. M., Miah, M. A. A., **Mozumder, M. K.**, Begum, H. A., Karim, E. & Firoz, A.H.M. (2007). A survey of knowledge about HIV/AIDS among educated dwellers of Dhaka city. *Bangladesh Journal of Psychiatry*, 21(1), 17-27.
- 18. **Mozumder, M. K.** & Begum, R. (2007) Relationship between socio-demographic variables and obsessive-compulsive disorder. *Pakistan Journal of Social and Clinical Psychology*, 5(1), 3-14.
- 19. Deeba, F. & **Mozumder, M. K.** (2006). Psychological service analysis for victims of violence against women in Bangladesh: A nationwide survey. *Bangladesh Psychological Studies*, 16, 1-12.
- 20. **Mozumder, M. K.** & Begum, R. (2005). Development of a scale of obsessive-compulsive disorder and assessment of its psychometric properties. *B. Psychological Studies*, 15, 115-131.
- 21. **Mozumder, M. K.** & Rahman, M. M. (2004). A prevalence study of various male psycho-sexual dysfunctions and problems among individuals attending psychological services in a sex therapy clinic. *Bangladesh Psychological Studies*, 14, 71-88.
- 22. Haque, M. & **Mozumder, M. K.** (2000). Relationship of values between two generations. *The Bangladesh Journal of Psychology*, 18, 97-107.

# CHAPTER/BOOK PUBLISHED

- 23. **Mozumder, M.K.** (2024). Psychosocial Management of Mental Disorders in Bangladesh. In: Arafat, S.M.Y. (eds) *Mental Health in Bangladesh*. Springer, Singapore. https://doi.org/10.1007/978-981-97-0610-5\_5
- 24. Hia, M.S. and **Mozumder, M.K.** (2024). Mental Health of Vulnerable Populations in Bangladesh. In: Arafat, S.M.Y. (eds) *Mental Health in Bangladesh*. Springer, Singapore. https://doi.org/10.1007/978-981-97-0610-5\_17
- 25. **Mozumder, M.K.** (2024). Krise, Trauma und Selbstmord in Bangladesch. In: Arafat, S.M.Y., Khan, M.M. (eds) Selbstmord in Bangladesch. Springer, Singapore. https://doi.org/10.1007/978-981-99-7773-4\_7 [German]
- Mozumder, M.K. (2023). Crisis, Trauma, and Suicide in Bangladesh. In: Arafat, S.M.Y., Khan, M.M. (eds) Suicide in Bangladesh. New Perspectives in Behavioral & Health Sciences. Springer, Singapore. https://doi.org/10.1007/978-981-99-0289-7\_7
- 27. **Mozumder, M. K.,** Khatun, J., Begum, K., Ara, K. N., Das, C. K., Hanif, L., Nijhum, R. P., Faruk, M. O. and Karim, T., (2019). Essential Psychological Skills for Mental Health Service Providers (Bangla). Published in collaboration between the Department of Clinical Psychology, University of Dhaka and the International Organization for Migration. Dhaka, December 2019. [Bangla]

#### **UPCOMING ARTICLES**

- 1. **Mozumder, M. K.,** Sharmin, R., & Ahmed S. Intra- and inter-community maltreatment among sexual and gender diverse population in Bangladesh.
- 2. Faruk, M. O. & **Mozumder, M. K.** Development and Validation of the Racial Prejudice Scale for Children

# SUPERVISED THESES (MPhil, PhD)

- 1. Predictors of Burnout among Mental Health Professionals. Khadiza Begum (2024; MPhil)
- 2. Impact of adverse childhood experiences on adult mental health. Md. Aminul Islam (2024; MPhil)
- 3. Exploring illness specific positive beliefs and their influence among patients with anxiety disorder. Madhurima Saha Hia (2023; MPhil)
- 4. Phenomenology of depression and revision of Depression Scale in Bangladesh. Md. Zahir Uddin (2022; **PhD**)
- 5. The nature and impact of postpartum depression on women's life. Submitted by Mumita Jerin Nilav (2022; MPhil)
- 6. Understanding the development of core belief. Submitted by Tofa Hakim (2022; MPhil)
- 7. Reducing racial prejudice in Chittagong Hill Tracts through contact-based intervention. Submitted by Md. Omar Faruk. (2022; MPhil)
- 8. Exploring barriers in seeking mental health services. Submitted by Fahmida Shultana (2022; MPhil)
- 9. Trans men in Malaysia: Examining the psychological and decision-making processes in becoming men. Submitted by Vizla Kumaresan (2021; Monash University; **PhD**)
- 10. Attitude towards psychiatric medication among the providers and recipients of mental health services. Submitted by Kaniz Fatema (2019; MPhil)
- 11. Mental health problem among persons with disability. Submitted by Rifat Sharmin Ferdous (2018; MPhil)
- 12. Understanding parent-child relationship. Submitted by Shamima Akter (2018; MPhil)
- 13. Exploring client satisfaction among psychotherapy recipients. Submitted by Mita Mondol (2017; MPhil)
- 14. Exploring early warning signs of suicide in Bangladesh. Submitted by Rubina Jahan Rumi (2017; MPhil)
- 15. Impact of psychoeducation among patients undergoing cardiac surgery. Submitted by Nafisa Sultana (2017; MPhil)
- 16. Understanding psychosocial impact of chronic pain. Submitted by Umme Salma Afroz (2017; MPhil)
- 17. Development of an inventory of sexual satisfaction. Submitted by Tahmina Parvin (2016; MPhil)

Currently supervising 2 PhD, 6 MPhil and 5 MS research students.

#### **CONFERENCE WORKSHOPS**

- 1. Boost your emotional intelligence. Preconference workshop at the 6th Bangladesh Clinical Psychology Conference. September 21-24, 2023, Dhaka, Bangladesh.
- 2. Prospect and Procedure of Indigenization of Psychology Knowledge in Asia, a within conference workshop at the 40th ISPA Conference, organized by International School Psychology Association, 25 28 July 2018, Tokyo, Japan.
- 3. Psychological Intervention for Refugee Population, a half day preconference workshop at the 6th Asian Cognitive Behavior Therapy Conference, 9-12, February 2018, Dhaka, Bangladesh.
- 4. Post-conference workshop titled "Indigenization of Psychology Knowledge: Practice, Prospect and Procedure" organized with the 4th Bangladesh Clinical Psychology Conference, August 22, 2014, Dhaka, Bangladesh.
- 5. Pre-conference workshop titled "Qualitative Methodology: High Impact Research with Low Resources" organized with the 3rd Bangladesh Clinical Psychology Conference, October 26, 2011, Dhaka, Bangladesh.

## **CONFERENCE PAPERS**

- "Psychosocial support in humanitarian crisis: The case of forcibly displaced Myanmar nationals in Bangladesh" presented at the 8th Asian CBT congress, February 27- March 3, 2024, New Delhi, India.
- 2. "Mental Health Care in forcibly displaced Myanmar national in Bangladesh" presented at the European Association for Behavioural and Cognitive Therapies (EABCT) 2023 Congress, October 4-7, 2023. Antalya, Turkiye.
- 3. "Sustainable Clinical Supervision in Low Resource Settings" Presented at the 2018 International Conference on Education, Psychology, and Learning, July 30 August 1, 2018, Tokyo, Japan.
- 4. "Targeting Thinking Errors for Interracial Prejudice Reduction in Chittagong Hill Tracts, Bangladesh." Presented at the 6th Asian Cognitive Behavior Therapy Conference, 9-12, February 2018, Dhaka, Bangladesh.
- 5. "Behavioral Dynamics in Communicable Disease." Presented at the 3rd Bangladesh Summit on Sustainable Development, August 16-19, 2014, Dhaka, Bangladesh.
- 6. "Defining Quality of Care: Perspective of Health Service Recipient." Presented at the 2nd Global Conference on Community Health, March 19-21, 2014, Dhaka, Bangladesh.
- 7. "Factors Associated with Racial Prejudice: A Grounded Theory Approach." Presented at the 2nd Southeast Asia Psychology conference, September 26-28, 2012, Sabah, Malaysia.
- 8. "Development of a Contextualized Assessment Tool for Racial Prejudice." Presented at the 2nd Malaysian Psychology Conference, October 20-21, 2012, Selangor, Malaysia.
- 9. "Treatment Seeking Behavior for Mental Health Problem in Bangladesh." Presented at the 3rd Bangladesh Clinical Psychology Conference, October 27-28, 2011, Dhaka, Bangladesh.
- "Dysfunctional Thinking amongst People in Racial Conflict: A Study in Bangladesh Hill Tracts."
   Presented at the Second International Conference on Hate Studies, April 6-9, 2011, Washington, USA.

#### **FUNDING AND AWARDS**

- 1. November 2023. Research funding from University Grants Commission, Bangladesh.
- 2. September 2021. Fulbright Visiting Scholar 2021 offered by the US Department of State for teaching and research at the James Madison University, Virginia, USA.
- 3. February 2018. Research funding from University Grants Commission, Bangladesh.
- 4. July 2017. Recipient of the Commonwealth Professional Fellowship 2017 offered by the Commonwealth Scholarship Commission in the UK for pursuing exposure and training on systemic and family therapy in the NHS, London, UK.
- 5. July 2015. Joint Recipient of Small Grant 2015 from the KIT (Royal Tropical Institute) of the Netherlands through Share net International.
- 6. September 2015. Received travel grant from Nasirullah Psychotherapy Unit for attending training at the Beck Institute of Cognitive Therapy. Philadelphia, UK.
- 7. May 2014. Received travel grant from Nasirullah Psychotherapy Unit for attending training on Supervision Skills, at London, UK.
- 8. April 2011. Received International Conference Fund Grant from Monash University for travelling and presenting paper at the 2nd International Conference on Hate Study, USA.
- 9. March 2009. Recipient of Monash University Sunway campus Scholarship for three years and six months covering tuition fee and stipend for PhD study at Monash University.
- 10. 2002-2003. Awarded NSICT Fellowship from the Ministry of Science, Information and Communication Technology, Government of Bangladesh for MPhil research.

# PROJECT IMPLEMENTATION

Servicing as the Principal Investigator (Bangladesh part) of "Caring for carers: A virtual psychosocial supervision intervention to improve the quality and sustainability of mental health and psychosocial support in humanitarian contexts." Implemented jointly by **University of New South Wales** (UNSW, Australia), Koc University (Turkiye) and University of Dhaka (Bangladesh. (ongoing since November 2021)

Served as the lead in the recently completed (March -December 2019) project on enhancing quality of mental health service delivery to the host and Rohingya community through training and supervision. Jointly implemented by the Department of Clinical Psychology and the International Organization for Migration (IOM).

## COMPLETED RESEARCH WORK

- Principle investigator of research titled "Exploration of mental health needs and support systems among the LGBT population in Bangladesh" Funded by KIT (Royal Tropical Institute) the Netherlands.
- 2. Collaborator in the Worker Well-Being and Productivity in the Bangladesh Garment Sector (Paula Lopez-Pena and Dr. Atonu Rabbami).
- 3. Principal Investigator of the Study on Quality of Care from Patient Perspective. This large-scale study was conducted in cooperation with the Health Care Development Project (HCDP) with technical support from Royal Tropical Institute (KIT, Netherlands). A paper arising from this

- study was presented at the 2nd Global Conference on Community Health, March 19-21, 2014, Dhaka, Bangladesh.
- 4. Principal Investigator of the study titled "Assessing Neuro-cognitive Functioning of Injecting and Non-injecting Drug Users."
- 5. Principal Investigator of the study titled "A study of Psychological State of MSM and MSW in Bangladesh." A paper arising from this study was presented at the 30th International Congress of Psychology, Cape Town, South Africa, July 2012.
- 6. Principal Investigator of the study on "Treatment Seeking Behavior for Psychiatric Illness in Bangladesh." A paper arising from this study was presented at the 3rd Bangladesh Clinical Psychology Conference, Dhaka, Bangladesh, 27-28 October, 2011.
- 7. Joint Investigator of the following studies conducted with the financial and organizational support from Multi-Sectoral Programme on Violence against Women (MSP-VAW, Phase-1), adopted in cooperation between the Government of Bangladesh and the development agency of the Danish Ministry of Foreign Affairs.
  - a. Psychological Impact of violence on women victims.
  - b. Demographic profile of the women victims attending crisis centers.
  - c. Developing a screening tool for ensuring quick identification and referral of the victims of VAW.
  - d. Attitudes of the professionals working with women victims of violence.

## TRAINING RECEIVED

- 1. Narrative Therapy Level 2 intensive training, by Jill Freedman (USA) and David Denborough (AU) during 11-15 November at Dulwich Centre, Adelaide, **Australia**.
  - Foundation Course in Narrative Practice by Glenda Fredman, and Beth Hill, organized during September December 2017 at Hackney ARK, London, **United Kingdom**
  - Narrative Therapy Level 1, 9-13 October 2017 by Institute of Narrative Therapy, London, **United Kingdom**.
- Intensive Exposure and training on Systemic and Family Therapy at London, United Kingdom through the Commonwealth Professional Fellowship program during September-December 2017.
  - Diploma in Family Focused Practices using Systemic Therapy (Part I) by Sharon Bond and Kerri Newns at Chiron Training Limited, London, **United Kingdom**.
  - Systemic and Family Therapy: Foundation level, by Glenda Fredman (UK) and Philip Messent (UK). Organized by Nasirullah Psychotherapy Unit Department of Clinical Psychology, August 2-13, 2015.
- 3. Couples on the brink: romantic bonds, binds and ruptures, 2-3 November 2017, by Virginia Goldner (USA). Organized by Institute of Family Therapy, London, **United Kingdom**.
- 4. The power of Dialogue, at the Public Conversation Project, Massachusetts, **USA**. October 22-24, 2015.

- 5. Principles and Strategies of Neuropsychological Rehabilitation, 27 February 5 March 2017, by Dr. David Quinn (UK). Jointly organized by the Department of Clinical Psychology and Nasirullah Psychotherapy Unit, University of Dhaka.
  - Neuropsychological Theory and Assessment Procedures. 11-15 January 2016, by Dr. David Quinn (UK). Jointly organized by the Department of Clinical Psychology and Nasirullah Psychotherapy Unit, University of Dhaka.
- 6. Ethical Issues and Practices in Implementation Research, 25-26 January 2017 by Professor Richard A. Cash (USA). Jointly organized by BRAC University and icddr,b.
- 7. Human Research Ethics, December 1, 2009 by Dr. Simon Barrett, Manager, Research Ethics & Compliance, Monash Research Office, organized by School of Business, Monash University Sunway campus.
- 8. *Teaching and Supervision in CBT*, by Donna Sudak and Judith Beck at the Beck Institute, Philadelphia, **USA**. October 19-21, 2015.
  - Essential Supervision Skills, by Paul Grantham at the Skills Development Service Ltd, London, United Kingdom. April 30- May 1, 2014.
- 9. *Qualitative Methods I Essentials of Qualitative Research Methods (Introductory level)*. Jointly organized by Jeffrey Cheah School of Medicine & Health Sciences and School of Business, Monash University Sunway campus, June 27 to July 1, 2011.
  - Qualitative Methods II Application and Analysis of Qualitative Research Methods (Intermediate Level). Jointly organized by Jeffrey Cheah School of Medicine & Health Sciences and School of Business, Monash University Sunway campus, July 11 -15, 2011.
- 10. Philosophy of Research Workshop Why, What and How of Research, by Professor Emeritus Gary N. McLean of Texas A & M University, organized by School of Business, Monash University Sunway campus. July 17-18, 2012.
- 11. Structural Equation Model with AMOS, Organized by School of Business, Monash University Sunway campus. July 9-10, 2012 (Introductory level); July 11, 2012 (Advanced level).
- 12. Applied Panel Data Analysis, Organized by School of Business, Monash University Sunway campus, June 25-26, 2012
- 13. Survey Research Workshop: Interactive and Hands-on, by Dr. Pamela Campanelli, Survey method Consultant, Chartered Statistician and Chartered Scientist, U.K. Organized by School of Business, Monash University Sunway campus, February 23-24, 2010.
  - Intermediate Survey Analysis: Interactive and Hands on, by Dr Pamela Campanelli, Survey Research Consultant, UK Chartered Statistician, Chartered Scientist. Organized by School of Business, Monash University Sunway campus, January 17-18, 2011.
- 14. Writing Workshop for HDR & HDR Pathways Student, by Dr. Sandy Smith, University of Auckland, Organized by School of Business, Monash University Sunway campus. August 23 & 25, 2011.
  - Writing an Abstract, by Dr Sandy Smith, University of Auckland. Organized by School of Business, Monash University Sunway campus, March 28, 2012.
- 15. Pre-teaching Induction Course, by Prof. Tessa Dunseath, Head, Medical Education, Jeffrey Cheah School of Medicine and Health Sciences, Monash University Sunway campus, July 21-22, 2009.

- 16. ePortfolio for Professionals Staff ePortfolios for Career Management and Lifelong Learning, by Dr Kathryn Chang Barker, Senior Advisor, Education Innovation, Monash University Sunway campus. February 25, 2011
- 17. Voluntary Counseling and Testing for HIV/AIDS, Training for the Trainers: Part-I and II, Provided by Department of Mental health, Ministry of Public health, Thailand and Family Health International. Held in Bangkok and Chiangmai of Thailand. March 21 April 8, 2005.
- 18. Eye Movement Desensitization and Reprocessing: Part-I (August 2015) and Part II (April 2016), by Hanna Egli (Switzerland), Sushma Mehrotra (India), Dushyant Bhadlikar (India), Chitra Munshi (India) organized by Department of Educational and Counseling Psychology, DU.
- 19. Training on *Psychodrama* by Herb Propper, PhD, TEP, Certified trainer, Educator and Practitioner of Psychodrama and Group Psychotherapy, from USA.
  - Orientation on *Drama therapy* by Bobbi Ausubel, Teaching in Graduate Certificate Program, Omega Theater Transpersonal Drama Therapy, from Boston, USA.
  - Orientation on Art and Playback Theatre Therapy by Jennie Kristel from Canada.
- 20. Basic training on *The Convention on the Right of the Child (CRC)* organized by Save the Children Sweden, September 2001.

## TRAINING & WORKSHOP FACILITATION

- 1. Psychological Techniques for Managing People who have Experienced Torture. Organized by Health Equity Initiatives, Kuala Lumpur, Malaysia during 30 June 2 July 2017.
  - Psychological Intervention with Torture Survivors. Organized by Health Equity Initiatives, Kuala Lumpur, Malaysia. August 23-24, 2012.
  - *Understanding counseling skills in the field of violence prevention.* Organized by Protirodh project of CARE Bangladesh during July 2-5, and July 16-19, 2008. The workshops were participated by Doctors, Nurses, Police Officers, Lawyers and Journalists.
  - Assessment and Management of Clients with Suicide Risk. Jointly organized by Department of Clinical Psychology, DU and Nasirullah Psychotherapy Unit. May 17, 2016.
- Qualitative Research: Inception to Data analysis and report Writing. Organized by Department of Clinical Psychology, DU Nov 9-17, 2013; Aug 23 - Sep 1, 2015; May 15-21, Jul 26, Jul 30-31, 2017; Jan 5-14, 2019.
  - Orientation to Qualitative research: Conception to Data analysis. Organized by Department of Clinical Psychology, DU (May 2011) and Department of Educational and Counseling Psychology, DU (October 1-5, 2011).
- 3. Advanced Qualitative Data Analysis using NV ivo 10. Organized by Center for Mental Health & Care, Bangladesh. June 18-19, 2016
- 4. *Quantitative Data analysis Module 1: Preparing Data for SPSS*. Organized by Department of Clinical Psychology, DU July 1-3 and July 15-17, 2014.
  - Quantitative Data analysis Module 2: Bi-variate analysis. Organized by Department of Clinical Psychology, DU November 23-25, 2014.
- 5. Workshop on Academic Writing. Jointly organized by Department of Clinical Psychology, DU and Nasirullah Psychotherapy Unit. April 17, 19-20; 2016; March 23-24, 2014.

- 6. Essential Skills in Clinical Supervision. Jointly organized by Department of Clinical Psychology, DU and Nasirullah Psychotherapy Unit. May 30 June 1, 2016; April 19-21, 2019.
- 7. Positive Parenting. Organized by Nasirullah Psychotherapy Unit, Department of Clinical Psychology, DU. During 2-3 September, 2016; 20-21 January, 2017; 28-29 July 2017.
  - ToT on Positive Parenting. Organized by Department of Clinical Psychology, DU, during October 19-21, 2018.
- 8. Co-facilitator at *Advanced VCT Training*, organized at different times by Family Health International (FHI) Bangladesh (July 9-14, 2005; March 4-9, 2006; July 8-13, 2006; August 5-10, 2006; June 19-27, 2007; October 5-10, 2008).
  - Co-facilitator in *Training on HIV Testing and Counseling* organized by Save the Children during October 26-31, 2013 and December 7-12, 2013.
  - Co-facilitator in *ToT on Anti Retro-viral Therapy training for Physician* organized by World Health Organization, Bangladesh, (14-18 July, 21-25 July, and 28 July 01 August, 2013).
- 9. Psycho-sexual and counseling issues of MSM. At annual consultation meetings on MSM sexual health and capacity building held during 2003 and 2006 organized by Bandhu Social Welfare Society at Gazipur, Bangladesh.
  - Stress management on Safety and Security Concern for Sexual Minority Organization. Organized by Bandhu Social Welfare Society on December 6, 2016.
- 10. Numerous session facilitation at different organizations and including Dhaka Ahsania Mission, MSPVAW, International Organization for Migration, and WHO.

# **EMPLOYMENT HISTORY**

- 1. **Visiting Professor**, Department of Graduate Psychology, James Madison University, Virginia, USA. September 03, 2021- March 31, 2023.
- 2. Associate Professor, Department of Clinical Psychology, University of Dhaka, February 27, 2014 August 30, 2021.
- 3. Assistant Professor, Department of Clinical Psychology. November 3, 2008 February 26, 2014
- 4. Lecturer, Department of Clinical Psychology, May 10, 2005 to November 2, 2008.
- 5. Part-time employment in the following organizations at different stages of career.
  - a. *icddr,b* (*International Centre for Diarrhoeal Disease Research*): Field Research Officer (2004 2005, 18 months) working with injecting drug users.
  - b. *Marie Stopes Clinic:* Psychologist (2003 2005, 18 months) providing treatment for males with Psycho-sexual Dysfunctions.
  - c. Student Guidance and Counseling Center, DU: Counselor (18 months) working with mental health needs of the student under the Teachers Students Center of the University of Dhaka.
  - d. *BRCT* (Bangladesh Rehabilitation Center for Trauma Victims): Psychologist (December 2002 to May 2004) working with victims of torture at Dhaka, Bangladesh.
  - e. **BSWS** (Bandhu Social Welfare Society): Voluntary work as psychologist (July 2002 February 2003) working on mental health and psycho-sexual issues of the male homosexuals at Dhaka, Bangladesh during.

# MAJOR CONSULTANCY ACCOMPLISHED

- 1. Consultant of BRAC during September 2022 June 2023 on conduction of process evaluation of mental health pilot project under HNPP, BRAC.
- 2. Consultant at UNDP Bangladesh during August 2021-August 2022 for stress management and self-care for UNDP staffs.
- 3. Consultant at SAJIDA Foundation during April -June 2021 on Rapid Needs Assessment for Setting up Residential Functional Rehabilitation Facility for Severe MH Patients.
- 4. Consultant of BRAC during October -December 2020 on A Scientific Research Investigation of Community Based Psychosocial Support Initiative (Monobondhu) of Community Empowerment Programme for Future Modeling.
- 5. Consultant of Save the Children (SCI) during July -November 2020 on Baseline assessment on selected Opioid Substitution Treatment (OST) Centre in Bangladesh, develop a quality improvement plan, training module on OST and update national OST SOP/Guideline- in coordination with an international consultant.
- Consultant of International Organization for Migration (IOM) during October 2018-March 2019
  on Staff Care for the IOM staffs working in the humanitarian crisis context involving Rohingya
  crisis context at Cox's Bazar, Bangladesh.
- Lead Consultant of Acid Survivors' Foundation (ASF) Bangladesh during May-June 2015 for developing guidelines on minimum care standard of psychosocial care for victims of acid and other burn violence.
- 8. Consultant of Multi-Sectoral Programme on Violence against Women (MSP-VAW), adopted in cooperation between the Government of Bangladesh and the development agency of the Danish Ministry of Foreign Affairs. The main responsibilities of this consultancy work (March April 2009) was to provide technical support in establishment and maintenance of National Trauma Counseling Center. During a second engagement (May October 2007) the main responsibility shifted to ensure development of scope for psychological counseling for the female victims of violence in Bangladesh.
- Counseling Consultant of Family Health International (FHI) Bangladesh during the month of August - September 2006. Providing onsite mentoring and supportive supervision to the counselors for rolling out the HIV Counseling and Testing services.
- Consultant for SEEMA project of CARE Bangladesh during January February 2014, for conducting "Participatory Action Research on Psychosocial Wellbeing of Impact Group of SEEMA Project".
- 11. Counseling Consultant for June September 2005 with Ashar Alo Society, an NGO of Bangladesh, working with HIV positive individuals. The main responsibilities included improving counseling skills of the peer counselors and counseling supervisor, developing reporting format, developing supervisory tools, etc.
- 12. Temporary Advisor of World Health Organization (WHO) South East Asian Regional Office (SEARO), during July 18-30, 2005. The responsibility of this consultancy included facilitating training session at the third inter-country training of trainers on HIV/AIDS Voluntary Counseling and Testing, Yangon, Myanmar Organized by WHO and Unicef.

# PROFESSIONAL AFFILIATION

- 1. Member, Bangladesh Clinical Psychology Society (BCPS), Bangladesh.
- 2. Member (currently dormant), American Psychological Association (APA), USA.
- 3. Life Member, Bangladesh Psychological Association (BPA).
- 4. Graduate Member (currently dormant), The British Psychological Society (BPS), UK.
- 5. Affiliate Member, Bangladesh Association of Psychiatrist (BAP).

## **COMMUNITY SERVICE**

- 1. Providing free mental health service to almost half of my clients in private practice, as I believe financial barriers should not prevent people from accessing high quality mental health service when they need it dearly.
- 2. Short communication videos on mental health topics for different YouTube channels for creating awareness on mental health and increasing well-being.
- 3. Writing copyright free self-help materials in native language under life-skills series (so far 11 articles).
- 4. Occasional appearance on national TV and radio programs as an expert discussing mental health aspect on a national issue or on topic relevant to mental health service.

## ACADEMIC REFERENCE

Professor and Senior	
	Professor, Department of Clinical Psychology
enter for Interpersonal ce and Rejection	University of Dhaka, Dhaka-1000, Bangladesh
nent and Family Sciences	Mobile: +880-1819243979 Email: mahmudrahman.cp@du.ac.bd
-	ent of Human nent and Family Sciences field Rd, U-1058 Storrs, -1058 USA

Phone: 860 486 6291

Email: abdul.khaleque@uconn.edu

Far

Tel: +603 5514 6318

Email: shamsul@monash.edu

(Dr. M. Kamruzzaman Mozumder)

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