

Kamal Uddin Ahmed Chowdhury

Associate Professor

Department of Clinical Psychology, University of Dhaka, Bangladesh

Date of Birth: 3rd October, 1972

Cell Phone: +8801974078747; +8801714078747

Email: kachowdhury@du.ac.bd, kachowdhury@gmail.com

Current Position:

- Associate Professor at the Department of Clinical Psychology, University of Dhaka
- Program Director, Nasirullah Psychotherapy Unit (NPU); A project of the Dept. of Clinical Psychology, Dhaka University (since 2013). www.npudu.org

Previous Position, Tenure and Institution:

- **Chairman:** 19th May 2008 to 18th May 2011, Dept. of Clinical Psychology, University of Dhaka.
- **Assistant Professor:** Dept. of Clinical Psychology, University of Dhaka. (Feb 2007- Dec 2010)
- **Lecturer:** Dept. of Clinical Psychology, University of Dhaka. (March 2002- February 2007)
- **Student Advisor:** Department of Clinical Psychology, University of Dhaka.
- **Psychologist:** April 1999 to September 1999 and from May 2000 to December 2000 at the Marie Stopes Clinic Society, Bangladesh.

Educational Qualifications

- M.Phil. in Clinical Psychology (2001), Department of Clinical Psychology, Dhaka University
- M.Sc. in Clinical Psychology (First class with first position) from the Department of Clinical Psychology, University of Dhaka in 1997.
- B.Sc. (honors) in Psychology (First class with first position) from the Department of Psychology, University of Dhaka in 1994.

Professional & Research Interests

- Psychosocial health care & service development
- Psychological management of stress and stress related disorders.
- Psychodrama & Sociometry
- Mental health care supervision & training
- Caregiver Empowerment Program

Membership & Affiliations:

- Advisory Board Member: The School of Psychology, Nepal (**TSOP Nepal**)
- Advisory Board Member (Medical): Acid Survivors Foundation (**ASF**), Bangladesh.
- Member, Governing body; Innovation for Wellbeing Foundation (**IWF**)
- Member, American Society for Group Psychotherapy and Psychodrama (**ASGPP**)
- Member: **Moreno Psychodrama Society**, Melbourne, Australia
- National Trainer, Mental Health First Aid Bangladesh (**MHFA Bangladesh**)
- Former President, Current Member, Bangladesh Clinical Psychology Society (**BCPS**)
- Vice Chairman: **Care for Paws** (Non-profit organization working for animal rights and preventing cruelty against animals in Bangladesh)

Training Received:

- Participated in a series of workshop on **“Qualitative and Quantitative Research”** from October 2006 to December 2006 with a research project organized by the “Health Care Development Project (HCDP)”, a project of Diabetic Association Bangladesh.
- Participated in the “findings sharing meeting” and finalization of the research report of the **Performance and Motivation of health care providers at the HCDP health care centers: a quantitative study** in Amsterdam, Netherlands, during December 2009.
- **Internship at the Princess Royal Hospital, Sussex, England between 20th March and 20th April 1998.** The aim of the visit was to gain knowledge and understanding of clinical psychological practices in the United Kingdom. The visit was sponsored by The British Council, Bangladesh and DFID.
- Have completed the **“Eye Movement Desensitization and Reprocessing (EMDR: Level 1 & 2)”** training which is a therapeutic model used in the treatment of a wide range of psychological problems especially Trauma Management. The United Nation (UN) sponsored the training workshop. The training was provided by EMDR specialists from U.S.A., U.K., and Mexico.
- Training on **“Child Right Convention (CRC)”** organized, conducted and sponsored by the Save the Children-Sweden, held in 03-04 July 2000.
- **ToT on Psychosocial Care for Victims of CSEC**, 3rd -6th March 2010, Kathmandu, Nepal
- **ToT on Caregivers Empowerment Program**, a fourteen days training program held in Kolkata, India 2009.
- **Training on Trauma Focused Therapy for Children & Adolescent.** This training was organized by Asian Disaster Preparedness Center and Center for Crisis Psychology, Norway, April 2012
- **ToT on Trauma Focused Therapy for Children & Adolescent**, organized by Asian Disaster Preparedness Center and Center for Crisis Psychology, Norway, April 2012.
- **ToT on Mental Health First Aid**, April 2015.
- **Psychodrama & Sociometry:** Participated in many workshops and training on Psychodrama and Sociometry since 2009 to present under the supervision of Dr. Herb Propper & Dr. Sue Danielle.
- Attended two weeks workshop on **“Frontiers of Psychology”** held in Beijing, China from 15th to 26th April 2019 organized by the Institute of Psychology, Chinese Science Academy.

Research Consultancy:

- Principal Investigator: **“An exploratory study to identify factors influencing the performance of health care providers in HCDP”.** (October 2006) Health Care Development Project under the Diabetic Association Bangladesh.
- Principal Investigator: **Performance and Motivation of health care providers at the HCDP health care centers: a quantitative study.** Health Care Development Project under the Diabetic Association Bangladesh.
- Research Consultant: Psychosocial – **“Children in Emergency in the context of Preparedness and response to Cyclone in Bangladesh”.** (June 2006) Save the Children, United Kingdom (SCUK)

- Consultant: **Evaluation and Impact Assessment of Caregivers Empowerment Programme on the participants of partner organizations of Groupe Developpement in Bangladesh.** (June 2007) Groupe Developpement, Kolkata, India.
- Co-Consultant: Psychosocial **“Mapping of Organization/ Institutions on Vocational/ Technical Training and Job Placement”** (December – January 2005) Save the Children Sweden – Denmark (SCSD).
- Co Researcher, **Qualitative research on Survivors of Cross Border Trafficking in India, Bangladesh & Nepal, 2014.** The research was conducted by Change Mantras with a team of psychologists from France, India, Bangladesh and Nepal. The study was funded by Plan International
- Co Researcher, **Mapping and Assessment of Service Providers engaged in providing post-rescue services to victims of cross-border smuggling or trafficking in Bangladesh (2015).** The research was conducted by Change Mantras with a team of researcher from India, Bangladesh and Nepal. The study was funded by Plan International and International Solution Group (ISG).

Training Consultancy:

I have worked as a resource person/facilitator/ trainer on various training on Psychosocial Support and mental health care in the following organizations:

- **Action Against Hunger-Bangladesh (ACF):** Offered 4 days training on Psychosocial Trauma Management for children and adolescent to Caregivers working for the Rohingya Refugee Camps in Cox’sbazaar (April 2017).
- **International Organization for Migration (IOM).** Group Psychosocial Support for Returnees who were stranded during the Andaman Sea Crisis (2015/2016). A total of 2168 returnees received psychosocial support in 83 group psychotherapy sessions conducted in different districts of the country. Offered group psychotherapy support to 30 female survivors of trafficking and exploitation for the same organization (May-December 2016).
- **Children & War Foundation, Norway.** Co-facilitator, Training on “Trauma Management for children and adolescent earthquake survivors” (2015) in Kathmandu. This training was organized for caregivers and social workers in Kathmandu, Nepal after the devastating earthquake.
- **Save the Children International (Previously SCSD).** Various training on “Care for the Caregivers”, “Psychosocial support and Caregiver Empowerment” since 2004.
- Care Bangladesh
- MSP-VAW, A project of the Ministry of Women & Children’s Affairs: Training and Evaluation consultant, Supervisor
- Jatiyo Protibondhi Unnayan Foundation (JPUF), Ministry of Social Welfare: Training Consultancy
- Ain O Salish Kendra (ASK)
- INCIDIN Bangladesh
- ARISE project under UNDP
- BNWLA
- DISA
- Family Planning Association Bangladesh (FPAB)
- Acid Survivors Foundation (ASF)

- Groupe Developpement (French NGO with regional office in Kolkata, India): Research and training consultancy
- Change Mantras (Kolkata, India): Research Consultant and Associate Team Member

Training Manual/ Module Development & Other Publications:

- **Monoshamajic Sheba** (Psychosocial Support), a self-help guide in Bangla to understand the Concept of Psychosocial Support, counselling and other relevant information. Published by **Save the Children Sweden Denmark** in February 2009.
- **Care for the Care Giver.** A training module developed for Psychosocial Resource Pack published by the Save the Children Sweden Denmark. June 2011.
- **Burnout Management.** A training module developed for Psychosocial Resource Pack published by the Save the Children Sweden Denmark. June 2011.
- **Psychosocial Support for Community Workers.** A handbook for community caregivers of the UDDIPON a non-governmental organization.
- **Psychosocial Support and Life Skills.** A training manual developed for Peer Counsellors at the Acid Survivors Foundation (ASF).
- **Manual for Shelter Home Caregivers on Skills and Knowledge Development on Psychosocial Support, 2012-2013,** a project of International Organization for Migration (IOM).