



## Curriculum Vitae: NAFIZA FERDOWSHI

Mailing Address: 51/D, Shaheed Miner Residential Area, University of Dhaka, Dhaka-1000.

Contact No. : +88 01712636212  
E-mail : [nf.bidhu@gmail.com](mailto:nf.bidhu@gmail.com); [nafizaf@du.ac.bd](mailto:nafizaf@du.ac.bd)  
Date of Birth : 14th March 1985  
Nationality : Bangladeshi  
Gender : Female  
Marital Status : Married

### **Education:**

1. Doctor of Philosophy, Duration 2017-2024, University of Dhaka, Bangladesh
2. Master of Philosophy in Special Needs Education, 2012-2014, University of Oslo, Norway; Average Result: Grade A
3. Master of Science in Educational Psychology, 2007-2008, University of Dhaka, Bangladesh; Result: First Class 1<sup>st</sup> Position
4. Bachelor of Science in Psychology, 2003-2007, University of Dhaka, Bangladesh; Result: First Class 4<sup>th</sup> Position
5. Higher Secondary Certificate in Humanities, 2000-2002, Viqarunnisa Noon College, Dhaka, Bangladesh; Result: First Division
6. Secondary School Certificate in Humanities, 1990-2000, Viqarunnisa Noon School, Dhaka, Bangladesh; Result: First Division.

### **Summary of Professional Skills and Development:**

1. Completed a 50-hour course on Basic Psychometrics via online platform, organized by Bangladesh Psychometric Society from 21 May to 25 July 2021.
2. Certified facilitator for implementing International Child Development Programme (ICDP) on 20<sup>th</sup> May 2016, University of Oslo, **Norway**.
3. Completed a 12-week Autism related online course, titled “AGI-Houlton Residential/Daily Living Course for Direct Support Providers”, **USA** in 2014.
4. Successfully completed online continuing education program in “Disability in the Community, Community Based Rehabilitation, and International Development” under the International Centre for the Advancement of Community Based Rehabilitation (ICACBR), Queen’s University, **Canada** during June 2014-February 2015.

5. Attending a five-day long workshop part 2 on “Psychodynamic Psychotraumatology and EMDR” from 14-18 February 2015, Dhaka, Conducted by Hanna Egli-Bernd Dipl. Psych. Accredited Psychotherapist, Supervision Psychotraumatology and EMDR.
6. Participating a five-day long workshop on “Psychotraumatology Curriculum and EMDR” from 25-29 August 2014, Dhaka, conducted by Hanna Egli-Bernd Dipl. Psych. Accredited Psychotherapist, Supervision Psychotraumatology and EMDR.
7. GROUP EMDR Training
8. Participating in a training on EMDR WITH CHILDREN
9. Participating training on “Mindfulness” from 7 November to 12 December 2013, organized by the Department of Educational & Counselling Psychology (DECP), University of Dhaka, **Bangladesh**.
10. Participating training on “Marital Therapy and Supervision Skills” from 17 to 21 September 2013, organized by Ain O Salish Kendra (ASK), **Bangladesh**.
11. Participating a residential training on “Child-Focused Trauma Therapy” from 29 April to 03 May 2012, organized by BRAC, ADPC, and Norwegian State Fund in **Bangladesh**.
12. Participating workshop on “Means of Promoting Early Childhood Development in Developing Country Setting” from 9 to 11 April 2012, organized by ICDDR, B.
13. “Professional Development through Attending the 33<sup>rd</sup> ISPA Conference”- an experiential writes up at ISPA Newsletter *World-Go-Round* Vol. 38, No. 4, p. 18-19, December 2011.
14. Visiting Autism Recovery Network, Singapore and participating an intensive training on “Applied Behavior Analysis-Verbal Behavior” from 22 August to 20 September 2011, organized by Autism Recovery Network, **Singapore**.
15. Participating training on “Educational & Counselling Psychology” from 02 to 28 May 2011 in **Australia**, organized by Queensland University of Technology (QUT).
16. Besides these, attending various workshops, visiting different organizations relating to disability and working as Placement Intern, e.g., Autism Welfare Foundation, Bangladesh Protibondhi Foundation, Center of Rehabilitation for Paralyzed (CRP), Hospitals and so on.

### **Professional Talk:**

- **Research Presentations:**

1. A research paper, “Parental and Children Attitudes toward Homework” has been presented at 33<sup>rd</sup> Conference of International School Psychology Association, 2011, **India**; as well as submitted for poster presentation at 3<sup>rd</sup> International Conference on Educational and Counselling Psychology, 22-23 July 2011, Dhaka, **Bangladesh**.
2. “Professional Skill Development through the Department of Educational & Counselling Psychology: The First of Its Kind in Bangladesh” is presented at 3<sup>rd</sup> annual conference on Cognitive and Behavioral Psychology, 24-25 February 2014, **Singapore**.

3. Two research papers- “The Role of Parenting Style on Self-concept and Impulsive Behavior” and “The Role of Internet Addiction and Mastery Motivation on Academic Achievement among School-aged Children” has been presented along with MS students at the International Conference on Recent Advances in Educational Psychology, 15-16 March 2018, organized by Department of Education, North Eastern Hill University, Shillong-Meghalaya, **India**.

▪ **Workshop Conduction:**

1. A series of workshops conducted on Peer Relationships and Stress Management with students at Summerfield International School from June to August 2011.
2. 2<sup>nd</sup> SPEED Conference 2011. Topic: Managing Stress and Anxiety. Planned by Mahjabeen Haque, Associate Professor, Department of Psychology, University of Dhaka. Conducted by Nafiza Ferdowshi, Educational Psychologist in Training, Department of Psychology, University of Dhaka, 22<sup>nd</sup> October 2011.
3. Betterment of Children’s Living: Parental Involvement in June 2013 in a school of Narshingdi district, Bangladesh.
4. Workshop on Exam Anxiety with the students at Dhaka College in October 2014.
5. Educational Psychology: A Tool for Effective Teaching. Conduction at University of Asia Pacific, October 2019.
6. Teachers: Helping Students. National Academy for Autism and Neurodevelopmental Disabilities (NAAND), 16 January 2018, NAEM, Dhaka. Duration: One and half hour.
7. A series of Mental Health related workshops conducted at 5 girls Hostels, Eden Mohilla College, Dhaka, January to February 2018.

▪ **Conduction: Lectures/Training**

1. 3-day training on Applied Behavior Analysis/Verbal Behavior: An Orientation at the Institute of Paediatric Neurodisorder, BSMMU, Dhaka from 29 June to 1 July 2015.
2. Shammo Foundation’s training on Mental Health Issues in Adolescence organized by Department of Educational and Counselling Psychology, University of Dhaka from 31 July 2015 to 14 August 2015.
3. A day-long lecture on Counseling, Collaboration and Consultation (Paper code#7) at the National University, Gazipur on 10 October 2015.
4. A lecture on Applied Behavior Analysis at the Department of Psychology, University of Dhaka on 15 December 2016.
5. A day-long short training on ABA as Teaching Approach for Autism at IPNA, BSMMU, Dhaka on 25 January 2020.

6. An online series of lectures on Autism and Neurodevelopmental Disabilities at the Neuro Developmental Disabilities (NDD) Protection Trust from January to May 2021, under the Ministry of Social Welfare, Government of Bangladesh.
7. Two lectures on Equitable Education for ASD and NDDs: Identifying Needs and Problems at the National Academy for Autism and Neurodevelopmental Disabilities (NAAND) in June 2021 under the Directorate of Secondary and Higher Education, Government of Bangladesh.
8. Two lectures delivered via online platform on “Developmental Determinants” and “Psychology of Being a Teacher” at the National University under College Education Development Project 2021.
9. A 2-hour webinar conducted on Anger and Behaviour Management on 5 September 2021, organized by East West University Environmental and Social Club (EWUESC) for mental health awareness of the youth.
10. 2<sup>nd</sup> phase online lecturing series conducted on Educating Learners with Autism in the Classroom at the NDD Protection Trust from January to June 2022, under the Ministry of Social Welfare, Government of Bangladesh.

### **Publications:**

1. Taskin, T. E., Ferdowshi, N., & Islam, S. (2024). Is selfie taking behavior beneficial for the mental well-being of young adults? *Dhaka University Journal of Biological Sciences*, 33(2), 77-86. <https://doi.org/10.3329/dujbs.v32i2.75818>
2. Pervin, M. M., Rasha, N. H., & Ferdowshi, N. (2023). Anxiety, depression, and academic performance of Dhaka University students. *Bangladesh Psychological Studies*, 33, 13-22.
3. Ferdowshi, N., Imran, M. A., & Trishna, T. A. (2021). Adaptation of the tool to measure parenting self-efficacy (TOPSE) in Bangladesh. *Dhaka University Journal of Biological Sciences*, 30(2), 169-177. <https://doi.org/10.3329/dujbs.v30i2.54643>
4. Pervin, M. M., Ferdowshi, N., & Munni, I. J. (2021). Teacher-student interactions and academic performance of students. *Dhaka University Journal of Biological Sciences*, 30(1), 87-93. <https://doi.org/10.3329/dujbs.v30i1.51812>
5. Ferdowshi, N. & Pervin. M. (2020). The influence of mothers’ perception and contextual factors on positive interaction in early childhood. *Bangladesh Psychological Studies*, 30, 11-24. <https://cpsrt.com/bps9.html>
6. Ferdowshi, N. & Pervin. M. (2019). Identifying positive interactions in early childhood between mothers and children. *Bangladesh Psychological Studies*, 29, 59-76. <https://cpsrt.com/bps8.html>
7. Ferdowshi, N. & Sultana, N. (2019). Determining initial psychometric properties of Parenting Sense of Competence Scale in the context of Bangladesh. *Dhaka University Journal of Biological Sciences*, 28(2), 211-218. Retrieved from <https://doi.org/10.3329/dujbs.v28i2.46507>

8. Ferdowshi, N. & Shithee, U. H. (2018). The role of internet addiction and mastery motivation on academic achievement among school-aged children. *Dhaka University Journal of Biological Sciences*, 27(1), 49-56. Retrieved from <https://doi.org/10.3329/dujbs.v27i1.46410>
9. Ferdowshi, N. & Nazneen, F. (2016). Adaptation of Barratt Impulsiveness Scale for use in Bangladesh. *Asian Academic Research Journal of Social Science and Humanities (AARJSH)*, 3(7), 1-13.
10. Ferdowshi, N. (2016). Two underlying pillars of positive interactions in early childhood psychosocial development. *International Journal of Sciences and Applied Research (IJSAR)*, 3(7), 44-53. Retrieved from <http://www.ij sar.in/Admin/pdf/300.pdf>
11. Ferdowshi, N. (2016). Individually adapted curriculum towards inclusive educational setting. *International Journal of Management and Humanities (IJMH)*, 2(5), 9-14. Retrieved from <http://www.ijmh.org/wp-content/uploads/papers/v2i5/E0117062516.pdf>
12. Pervin, M. M. & Ferdowshi, N. (2016). Suicidal ideation in relation to depression, loneliness and hopelessness among university students. *Dhaka University Journal of Biological Sciences*, 25(1), 57-64. doi:10.3329/dujbs.v25i1.28495
13. Ferdowshi, N. (2015). Cultural historical theory of learning and development: Core concepts, inter-concepts relationships, and applications. *GSTF Journal on Education (JEd)*, 3(1), 52-56. doi:10.5176/2345-7163\_3.1.69
14. Ferdowshi, N., Karim, S. F., & Islam, S. (2014). Professional skill development through the Department of Educational and Counselling Psychology: The first of its kind in Bangladesh. *Conference Proceedings, 3<sup>rd</sup> Annual International Conference on Cognitive and Behavioral Psychology*, Singapore, February 24-25. doi:10.5176/2251-1865\_CBP14.62
15. Ferdowshi, N. & Islam, S. (2014). Parental and children attitude toward homework. *The Dhaka University Journal of Biological Sciences*, 23(1), 77-83. doi:10.3329/dujbs.v23i119830

### Research Activities:

- **Interest Areas:** Parenting and early childhood development, psychological measurement, teaching-learning situation, and mental health.
- **Working as Scientific Reviewer:** Contributing as a scientific reviewer of International Conference on Education, organized by the International Institute of Knowledge Management (Period: 2018 and 2019).
- **Supervision:** A total number of 23 Master students has been supervised for their research work till now.

**Computer Skills:** MS Word and MS PowerPoint, and statistical software SPSS.

**Language Skill:** English and Bangla

## Scholarships/Grants:

1. ISPA – Cal Catterall Fund Award 2011
2. Norwegian Government Educational Loan Fund- Quota Scheme 2012-2014
3. Queens University, Canada Scholarship for 8-month long online course on “Disability in the Community, Community Based Rehabilitation, and International Development” under the International Centre for the Advancement of Community Based Rehabilitation (ICACBR), from June 2014 to February 2015
4. QUT scholarship for PhD tuition fees (full) and living allowance (maximum for 12 to 18 months), from 2017 to 2021.
5. University Grant Commission Research Allowance for 2018-2019 session.

## Working Experience:

Dates	Type of Business or Sector	Occupation/ Position	Main Activities and Responsibilities
16.7.2023- Present	Department of Educational & Counselling Psychology, University of Dhaka	Associate Professor	Lecturing, supervision, and involving with other academic and professional skill development activities
15.7.2021- Present	Essential Skill Program, University of Liberal Arts Bangladesh	External Faculty	Conducting classes on Essential Skills
12.07.2017- 15.07. 2023	Department of Educational & Counselling Psychology, University of Dhaka	Assistant Professor	Lecturing, supervision, and involving with other academic and professional skill development activities
October 2015- Present	Shamsun Nahar Hall, University of Dhaka	House Tutor	Administrative responsibilities of the students’ hall, such as monitoring hall-related activities, organizing cultural programs, sports events, and other important and significant days’ programs, handling students’ issues, and maintaining particular residential segment of the students etc.
31.12.2014- 11.07.2017	Department of Educational & Counselling Psychology, University of Dhaka	Lecturer	Lecturing, supervision, and involving with other academic and professional skill development activities
June 2014- Present	Psychological Service, Department of Educational & Counselling Psychology, University of Dhaka	Educational Psychologist	Handling children & adolescence; Parents’ consultation
April 2012 - July 2012	Higher Education Quality Enhancement Project (HEQEP) at University of Dhaka	Project Assistant	-Preparing draft, letter, report -Coordinating among project personnel -Arranging meeting, training, workshop -Monitoring class lectures; and -Mentoring and supervising students.

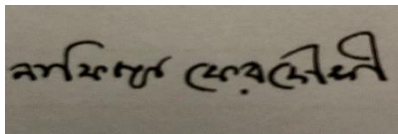
March-July 2011	Inclusive School	Educational Psychologist in Training	Working with students, teachers, school authority, and parents; involving curriculum planning, intervention, counselling, conducting workshops, and applying Applied Behavior Analysis (ABA).
June 2010- March 2012	Special Education, Behavior Management & Child Care	Assistant Therapist	Child's behavior modification, development of using language, self-help, and basic education with ABA/Verbal Behavior.

**Extra-Curricular Activities:** Previous Bangladesh Television enlisted dancing artist and 2-year experience as a cadet at Bangladesh National Cadet Corps, including national and international training camps.

**Voluntary Involvement:** Since 2021, I have been appointed as Platoon Commander at Alpha Company, 1 BNCC Battalion, Ramna Regiment, Bangladesh National Cadet Corps (BNCC). I have been participated eight different camping such as battalion, regimental, and central camping from the period of 2021 to 2024. In addition, I have successfully completed the pre-commissioned training from Bangladesh Military Academy, Bhatiary, Chattogram during 16 March – 09 May 2024.

### Reference:

Dr. Mahjabeen Haque  
Professor  
Department of Educational & Counselling Psychology  
University of Dhaka  
Email: [mahjabeenhaquedu@gmail.com](mailto:mahjabeenhaquedu@gmail.com)  
Contact: +880-1817 583902



Nafiza Ferdowshi  
3 July 2024