

## **Dr. Akib Ul Huque**

Associate Professor, Department of Psychology, University of Dhaka, Bangladesh

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### **Education**

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- BSc (Hons) in Psychology, University of Dhaka, Bangladesh, First class first position (2004)
- MS in Psychology, University of Dhaka, Bangladesh, First class first position (2006)
- Ph.D. in Clinical Psychology, University of Manchester, UK (2016)

### **Research Interest**

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I research in the field of mental health. My research topics include mental health literacy, perceptual biases, cross-modal perception, medically unexplained symptoms, and hallucinatory experiences.

### **Research Experience**

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Ph.D.:

Drs. Richard Brown and Ellen Poliakoff of the University of Manchester supervised my Ph.D. works, which involved six laboratory experiments investigating the effects of operant conditioning on somatosensory false alarms, sequential relationships between somatosensory experiences, hearing of illusory voices, and cross-modal perception.

Honors project and Master's thesis:

My honors project and Master's thesis investigated the relationships of personality and demographic variables with subjective well-being. Prof. Q S M Ilyas of the Department of Psychology, University of Dhaka, supervised these studies.

Ongoing research projects:

1. Development and validation of Continuous Somatosensory Signal Detection Task (to produce and study illusory perceptual experiences in the laboratory, analogous to medically unexplained symptoms).
2. Development and validation of the Voice Discrimination Task (to study psychosis in healthy and clinical participants).
3. Investigating the effects of illness memory activation on somatic symptoms.

Student's research project:

Currently, I am supervising nineteen postgraduate research students.

### **Teaching Experience**

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Teaching positions:

- Associate professor, Department of Psychology, University of Dhaka since June 30, 2019
- Assistant professor, Department of Psychology, University of Dhaka from May 11, 2011, to June 29, 2019
- Lecturer, Department of Psychology, University of Dhaka from January 08, 2008, to May 10, 2011
- Lecturer, Department of Social Sciences, East West University, Bangladesh from May 10,

2007, to January 1, 2008

- Visiting faculty member at the Department of Peace and Conflict Studies, University of Dhaka (1st semester, 2017)
- Visiting faculty member at the Department of Business Administration in Marketing, Bangladesh University of Professionals (2nd semester, 2018)
- Visiting faculty member at the Faculty of Nursing, Bangabandhu Sheikh Mujib Medical University, Bangladesh (2012)
- Visiting faculty member at Ahsanullah University of Science and Technology, Bangladesh (2008 – 2011)
- Visiting faculty member at the Institute of Business Administration (IBA), University of Dhaka (2010)
- Teaching assistant at the School of Psychological Sciences, University of Manchester, UK (2013-2015)

Undergraduate and postgraduate courses taught:

- Introduction to psychology
- Psychological testing
- Statistics in psychology
- Research methods
- Abnormal psychology
- Psychosocial therapy and intervention
- Developmental psychology
- Practical (laboratory experiments)

## Publications

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- **Huque, A. U.**, Kawser, U., Rahman, M., Gnani, S., Rao, M., Baskin, C., & Armstrong, S. (2021). Evaluation of Mental Health First Aid training program in Bangladesh: a modified Delphi study. Manuscript under review.
- Wong, S., Bucci, S., **Huque, A. U.**, Hartley, S., Brown, R. J., & Berry, K. (2018). An analogue study investigating voice-hearing following exposure to stressful material. *Psychosis*, *10*(1), 55–57. doi: org/10.1080/17522439.2017.1392588
- **Huque, A. U.**, Poliakoff, E., & Brown, R. J. (2017). Effects of learning on somatosensory decision-making and experiences. *Journal of Experimental Psychology: General*, *146* (11), 1631-1648. doi: 10.1037/xge0000364
- **Huque, A. U.**, Heaney, A., Poliakoff, E., & Brown, R. J. (2017). Development and validation of a voice-hearing task for research on auditory verbal hallucinations and auditory misperception. *Psychosis*, *9*(4), 338-346. doi: 10.1080/17522439.2017.1363275
- Uddin, A. Z. M. R., Kawser, U., Jony, R. D., & **Huque, A. U.** (2017). Translation and adaptation of parental-child attachment scale in Bangla. *Dhaka University Journal of Biological Sciences*, *26*(2), 117-123.
- Kawser, U., Das, Rajon., & **Huque, A. U.** (2016). Adaptation of the social competence with peers questionnaire-pupil in Bangladesh. *The Dhaka University Journal of Psychology*, *40*, 23-27.

- Rahman, S. T., Wadud, N., **Huque, A. U.**, Shimul, A. M., Hossain, M. S., Hossain, K. N., Parvez, M. (2012). Posttraumatic stress disorder (PTSD) among 2009 'Aila' victims in costal Bangladesh. *The Dhaka University Journal of Psychology*, 36, 121-125.
- Karmaker, C., & **Huque, A. U.** (2012). Juvenile delinquency and perceived parental acceptance and rejection. *The Dhaka University Journal of Psychology*, 36, 113-120.
- Uddin, M. K., **Huque, A. U.**, & Shimul, A. M. (2011). Adaptation of the Beck Youth Inventories of Emotional and Social Impairment for Use in Bangladesh. *The Dhaka University Journal of Psychology*, 35, 65-80.
- Hossain, K. N., & **Huque, A. U.** (2010). Effects of Social Support and Social Undermining on Subjective Well-Being. *The Dhaka University Journal of Psychology*, 34, 30-38.
- **Huque, A. U.**, & Shultana, T. (2010). Effects of Abuse and Perpetrator Status on Child's Self-Esteem. *The Dhaka University Journal of Psychology*, 34, 68-75.
- **Huque, A. U.** (2009). Can happiness predict self-disclosure? *The Dhaka University Journal of Psychology*, 33, 21-33.
- **Huque, A. U.** (2008). Demographic and personality correlates of subjective well-being. *The Dhaka University Journal of Psychology*, 32, 105-115.
- Ilyas, Q. S. M., & **Huque, A. U.** (2007). Relation of self-esteem and locus of control with affective well-being. *The Dhaka University Journal of Psychology*, 31, 23-32.

## **Presentations**

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- European Society for Cognitive Psychology (ESCOP) Conference 2015
- Experimental Psychology Society Meeting 2015
- Commonwealth Scholars Regional Network Conference 2015
- School of Psychological Sciences Postgraduate Research Conference 2014, 2015, University of Manchester

## **Awards**

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- Commonwealth Scholarship 2012 (Ph.D.) awarded by the Commonwealth Scholarship Commission in the UK
- Book Prize 2010 awarded by the University of Dhaka (for securing 1st position in honors and Master's examinations)
- Professor M. U. Ahmed Memorial Gold Medal and Cash Prize 2008 awarded by the University of Dhaka (for securing 1st position in Master's examination)
- Hamida Akhter Begum Gold Medal 2007 awarded by the University of Dhaka (for securing 1st position in undergraduate examinations)
- Postgraduate Scholarship 2006 awarded by the Government of Bangladesh
- Mir Fokhruzzaman Memorial Trust Scholarship 2000, 2001 awarded by the Department of Psychology, University of Dhaka (for satisfactory results in undergraduate examinations)

## **Professional Training and Volunteer Works**

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- Trainee systemic family therapist (level 2)
- I am a national trainer for the Mental Health First Aid Bangladesh program. I arrange workshops where participants learn about mental health and how to provide initial support for mental health issues before standard psychological assistance can be reached.