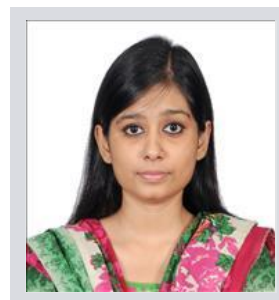


# SANCHARY PRATIVA

Address: Flat A4, house 18, Kallyanpur main road, Dhaka 1207  
Mobile No 1: 01681722779  
e-mail : sanchary.psydu@gmail.com



## **Career Objective:**

To develop a career in the field of education, research & mental health that ensures the best use of my knowledge, potentials, efficiency and creativity.

## **Special Qualification:**

1. Work well under pressure as part of a team. Skilled at interacting with others with all socio economic backgrounds. Polite, Enthusiastic, Hardworker, Quick learner, well groomed appearance, Well mannered & courteous. Great managing capability.

## **Employment History:**

**Total Year of Experience : 7 Year(s)**

### **1. Lecturer (October 3, 2018-continuing)**

**Department of Psychology**

**University of Dhaka**

#### **Duties**

Preparing lectures  
Supervise thesis and project students  
Doing research  
Making curriculum  
Tabulation  
House tutor of Samsun Nahar Hall  
Guest speaker at Ekattor TV  
Moderator of Debating Club, Samsun nahar Hall  
Member of exam committee of seven affiliated colleges

### **2, Counselor**

**Mon**

**Brain and Life Hospital**

#### **Duties**

Providing Psychotherapy  
Family counselling  
Counseling for drug addiction  
Group therapy

### **3. Deputy Program Manager ( November 1, 2017 - October 17, 2018)**

**Action Against Hunger (ACF)**

Company Location : Cox` sbazar

Department: Mental Health & Care Practices

#### **Duties/Responsibilities:**

1. Provide technical support, supervise and evaluate the work of the supervisors and assistant project officers through weekly supervision meetings;
2. Analyses and approve the reports of the supervisors.

3. Support to the PM in the analysis of relevance of their activities to the needs of the beneficiaries and to the proposals for readjustment.
4. Drafting the programme's monthly activity report.
5. Support the PM in budget design.
6. Assist the Senior Project Officers in data analysis of the needs in terms of psychological vulnerability.
7. Provide technical support to the teams when collecting information on the needs of the beneficiaries in the field of mental health.
8. Collect and confirm the data / information obtained by the activity; leaders from each workshop's evaluation grid.
9. Share the information obtained with the Programme Manager dealing with this information.
10. Participate in the management of the team members.
11. Share her/his analysis and viewpoints with the Programme Manager when supervisors are being recruited.
12. Develop the teams' capacities in programme analysis and context through training and supervision.
13. Participate in defining and respecting the team's objectives.
14. Evaluate the level of skills of the supervisors and their technical training needs.
15. Organize and provide training.
16. Conduct individual clinical supervision when necessary and as part of on-the-job training of SPO and PO.
17. Monitoring group discussions with the beneficiaries as part of on-the-job training for quality improvement of the activity.
18. Supervise and evaluate the impact of the activities delegated by the Programme Manager.
20. Contribute to the elaboration and respect of logistics and administrative procedures.
21. Ensure that the confidentiality of data, the property of ACF project beneficiaries, is strictly maintained.
22. Respect confidentiality regarding the content of clinical interviews, except when exchanging information with other team members to draw joint action plans in the best interest of the beneficiaries.

#### **4. Project Officer ( August 1, 2016 - October 31, 2017)**

##### **ACF International**

Company Location : cox`sbazar

Department: Mental Health & Care Practices

##### **Duties/Responsibilities:**

1. Ensure the psycho-social follow-up of the beneficiaries.
2. Provision of technical supervision with every APO and on a weekly basis to discuss cases and review monitoring of activities.
3. Provision of group supervision (technical and managerial) on a weekly basis.
4. Organize and conduct training in psychology(MHPSS, Trauma etc.) and child development, especially on-job training (e.g. demonstrations, role play).
5. Conduction of individual Counseling and follow-up with complex cases.
6. Contribute to the mapping of relevant actors (referral network) and set up of referral systems to other services available.
7. Schedule and coordinate the activities inside nutrition centres and within the mobile team.
8. Ensures that the team follows proper organization of the centre and within the mobile team.
9. Follow the progress in activities of each team member and check that they follow every BNF appropriately.
10. Provide guidance and support to the team on nutrition, hygiene and care practices and Mental Health and Psycho-social support.
11. Collect data (if required) and cross check it, along with analyse data.
12. Compile and write the activity reports for emergency project.
13. Write recommendations for the project's orientation.
14. Work in close collaboration with the medical, nutrition, food security and water and sanitation departments.
15. Exchange information concerning the projects.
16. Participate in a weekly meeting with nutrition supervisors to address common issues and discuss and agree on action plans for specific cases.
17. Observe and analyse the Care Practices and Mental Health conditions of the centre's personnel.
18. Detect the cases(e.g. SGBV) and refer them.
19. Train personnel to develop respectful and kindly behaviour.
20. Strictly respect the confidentiality of data, being the property of the project's beneficiaries and ACF.
21. Respect confidentiality regarding the content of clinical interviews, except when exchanging information with other team members to draw joint action plans in the best interest of the beneficiaries.

#### **5. Trainee Clinical Psychologist ( December 20, 2015 - June 26, 2016)**

##### **Dhaka Medical College & Hospital**

Company Location : Dhaka, Bangladesh

Department: Department of Psychiatry

**6. Trainee Clinical Psychologist ( June 10, 2015 - December 10, 2015)**

**National Institute of Mental Health (NIMH)**

Company Location : Sher-e-Bangla Nogor, Dhaka

Department: Department of Psychotherapy

**Duties/Responsibilities:**

Providing Psychotherapy

Applying Psychometric tools

**7. counselor ( February 3, 2013 - March 31, 2014)**

**Irving Group**

Company Location : banani

Department: human resource

**Duties/Responsibilities:**

To motivate the employees in workplace Create a supportive environment in the workplace To work regarding burnout of the employees Ensure mental health support to the employees

**Academic Qualification:**

Exam Title	Concentration/Major	Institute	Result	Pas.Year	Duration	Achievement
MS	Clinical Psychology	University of Dhaka	CGPA:3.42 out of 4	2016	1 year 6 months	Assistant Clinical Psychologist
MS	Psychology	University of Dhaka	CGPA:3.81 out of 4	2013	1 year	1st position and gold medal
Honors	Psychology	University of Dhaka	CGPA:3.69 out of 4	2012	4 years	1st position and gold medal
HSC	Humanities	Viqarunnisa Noon School (English Version)	CGPA:5 out of 5	2008	2 years	GPA 5
SSC	Humanities	Viqarunnisa Noon School (English Version)	CGPA:4.5 out of 5	2006	2	GPA 4.5

**Training Summary:**

Training Title	Topic	Institute	Country	Location	Year	Duration
IASC Monitoring and Evaluation in Emergencies	Impact indicator, Outcome indicator, Means of verification	MHPSS.net	Bangladesh	Coxbazar	2018	1 day
Gender based Violence-IMS tool	Definiton of GBV, Kinds of GBV, orientation towards tool	UNFPA	Bangladesh	Coxbazar	2018	1 Day
Psychological First Aid in Emergencies	PFA, Main components, good communication skill, WHO guideline	MHPSS.net	Bangladesh	Dhaka	2018	3 Days
Child Protection and GBV	Orienting to child protection issues and how to counsel them	IRC	Bangladesh	Coxbazar	2018	3 Days
Managerial skills and communication	How to handle team, types of leadership, Skills of leadership, Communication skills	Action Against Hunger (ACF)	Bangladesh	Coxbazar	2018	1 Day
Monitoring and Evaluation in Emergencies	What is monitoring, what is evaluation, how to monitor and evaluate during emergencies.	MHPSS reference group	Bangladesh	Coxbazar	2018	1 day

Training on Child Clinical Skill	Developmental milestone, different theories regarding child development, creative therapies, different disorders, assessment and intervention	Department of Clinical Psychology, University of Dhaka	Bangladesh	Coxbazar	2018	10 Days
Protection Mainstream	Protection Mainstream	ACF International	Bangladesh	Cox`sbazar	2017	2 days
Psychological Trauma Management	Trauma symptoms of trauma management of Trauma Trauma counseling	Action Against Hunger	Bangladesh	Coxsbazar	2017	4 days
Breastfeeding:its problem and management	What is breastfeeding Positioning and Attachment IYCF guideline Problems realted to breastfeeding Management of breastfeeding problem	Action Against Hunger	Bangladesh	Coxsbazar	2017	4 days
Psychological Case Management of Child and Adolescent	Psychological trauma in child What are the symptoms Techniques to explore emotion of thr child & adolescent Case formulation Management of psychological problems	Action Against Hunger	Bangladesh	Coxsbazar	2017	4 days
Workshop on Protection and Gender Based Violence	What is gender based vaiolence what we shoud do GBV case management of GBV cases Referral pathway	UNHCR	Bangladesh	Coxsbazar	2017	1 day
Early Childhood Development	Development Stages of Development Introducing ECD manual Stimulation through play	ICDDRIB	Bangladesh	Coxsbazar	2017	8 days
Suicidal Risk Management & Crisis Intervention	Different methods of suicidal risk management & crisis intervention	University of Dhaka	Bangladesh	Dhaka	2016	1 day
Vat tax training	Vat and Tax	ACF International	Bangladesh	Cox`bazar	2016	1 day
Training on Neuropsychology	Neuropsychology	University of Dhaka	Bangladesh	Dhaka	2015	2 days
Anger Management	Anger Management Techniques	University of Dhaka	Bangladesh	Dhaka	2015	1 day
PSD (Psycho-Sexual Dysfunction) and its treatment including Sex therapy	Psycho-Sexual Dysfunction and its treatment	University of Dhaka	Bangladesh	Dhaka	2015	1 day
Adult Clinical Skills Training	Formulation (CBT &ABC model) Cognitive Behavior Therapy Behavior Therapy	University of Dhaka	Bangladesh	Dhaka	2015	15 days
Social Skills Training & Relaxation	Social skills training Relaxation techniques (PMR & DBR)	University of Dhaka	Bangladesh	Dhaka	2015	2 days

**Professional Qualification:**

Certification	Institute	Location	From	To
Trainee Clinical Psychologist	Dhaka Medical College & Hospital	Dhaka	December 12, 2015	June 26, 2016
Trainee Clinical Psychologist	National Institute of Mental Health (NIMH)	Dhaka	June 10, 2015	December 10, 2015
Counselor	Irving Group	Banani, Dhaka	February 3, 2013	March 31, 2014

**Specialization:****Fields of Specialization**

- Clinical Skill
- Classical Dance
- Report Writing
- Supervision Skill
- Time Management
- Presentation

**Language Proficiency:**

Language	Reading	Writing	Speaking
English	High	High	High
Bangla	High	High	High

**Personal Details :**

Father's Name : Rezaur Rashid Khan  
Mother's Name : Shahana Sultana  
Date of Birth : December 4, 1990  
Gender : Female  
Marital Status : Unmarried  
Nationality : Bangladeshi  
National Id No. : 5097097447  
Religion : Islam  
Permanent Address : Village-Horinathpur, Post Office-Porjona, Thana-Shahzadpur Zilla-Sirajgonj  
Current Location : Dhaka

**Reference (s):****Reference: 01**

Name : Arifa Rahman  
Organization : Associate professor  
Designation : Department of Psychology  
Address : University of Dhaka  
Phone (Off.) :  
Phone (Res.) :

**Reference: 02**

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Professional