

Liza Akter (She/Her/Hers)
Lecturer
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ACADEMIC QUALIFICATIONS

2022– MPhil, Clinical Psychology, University of Dhaka

Awarded

Dissertation: Dental Anxiety among Patients Seeking Dental Care in Bangladesh

Achievement: Merit Scholarship

2017 – MS, Clinical Psychology, University of Dhaka

GPA: 3.81/4.00, Secured 1st position within 24 students.

Dissertation: Adaptation of the Scale for the assessment of Positive Symptoms of Schizophrenia in Bangladesh

Achievement: Begum Azizun Nesa Memorial Gold Medal & Merit Scholarship

2015 – BS in Psychology, University of Dhaka

CGPA: 3.60/4.00, Secured 4th position within 87 students.

Research Project: Is it relationship among the events that helps episodic memory accuracy?

Achievement: Merit Scholarship

CURRENT ROLES

- Lecturer (02nd October, 2023 – Present), Department of Clinical Psychology, University of Dhaka
- Student Advisor (02nd October, 2023 – Present), Department of Clinical Psychology, University of Dhaka
- Clinical Coordinator of MS Students (session 2023-2024), Department of Clinical Psychology, University of Dhaka
- Clinical supervisor (2 MS students) & research supervisor (4 MS students)
- Member, MS (session 2023-2024) examination committee
- Member, MS (session 2022-2023) examination committee

PREVIOUS EMPLOYMENT

- Staff Counsellor, International Organization for Migration (IOM), Cox's Bazar, Bangladesh, 14th – 28th September 2023.
- PSS Counsellor, International Rescue Committee (IRC), Cox's Bazar, Bangladesh, 15th December 2021- 30th June 2022.

- Psychologist, Samaj Kalayan O Unnayan Shangstha (SKUS), Cox's Bazar, Bangladesh, 3rd October- 14th December 2021.
- *Counselor*, Military Institute of Science & Technology (MIST), Dhaka, Bangladesh, 20th February 2020- 30th September 2021.
- *HIV Counseling Officer*, ICDDR,B, 09th June- 31th October, 2019.
- Psychologist, Gonosasthy Kendra, Ukhiya, Cox's Bazar, 14th August, 2017 – 14th January, 2018.

RESEARCH WORK

PUBLISHED RESEARCH

Das, C. K., & **Akter, L.** (2025). Psychological Impact and Coping during Political Crisis in Bangladesh. *World Social Psychiatry*, 7(1), 39-42. DOI: 10.4103/wsp.wsp_19_24

Akter, L., & Chowdhury, K. U.A. (2025). Dental anxiety among Bangladeshi patients: a cross-sectional study. *Bioresearch Communications*, 11(2), 1821-1825.
DOI: <https://doi.org/10.3329/brc.v11i2.82641>

Akter, L., & Deebea, F. (2023). Relapse of psychiatric patients during Covid-19 pandemic. *Dhaka University Journal of Biological Sciences*, 32(2), 149–157.
<https://doi.org/10.3329/dujbs.v32i2.67674>

Akter, L., & Chowdhury, K. U. A. (2022). Validation of Modified Dental Anxiety Scale. *Bangladesh Psychological Studies*, 32, 57-66.

Akter, L., Srabony, F.A., Deebea, F., & Roy, S. (2019). Adaptation of the scale for the assessment of positive symptoms and scale for the assessment of negative symptoms of schizophrenia in Bangladesh. *Asia Pacific Journal of Counselling and Psychotherapy*, 10 (2), 201-213. <https://doi.org/10.1080/21507686.2019.1634602>

CONFERENCE PRESENTATION

Akter, L., & Chowdhury, K. U.A. (2023, September). Prevalence of Dental Anxiety among Bangladeshi Patients. *6th Bangladesh Clinical Psychology Conference*, Dhaka, Bangladesh.

Akter, L., Srabony, F.A., Deebea, F., & Roy, S. (2019, March). Adaptation of the scale for the assessment of positive symptoms and scale for the assessment of negative symptoms of schizophrenia in Bangladesh. *5th Bangladesh Clinical Psychology Conference and 8th ICOPE (International Council of Psychology Educators) Conference*, Dhaka, Bangladesh.

MASTERS THESIS SUPERVISED

Jaba, S. N.I., & **Akter, L.** (2025, January). Opportunities and Challenges of Mental Health Services Provision: Perspectives of Trainee Clinical Psychologists.

Ali, M. R., & **Akter, L.** (2025, January). Mental Health Status among Rickshaw Pullers in Dhaka City.

PROJECT WORK

Worked as Co-investigator for the project of “*Developing a manual to overcome low self-esteem among Dhaka University Students*” funded by Centre for Advanced Studies and Research in Biological Sciences, University of Dhaka (2023-2024).

Worked as Technical Supervisor (Consultant Clinical Psychologist) for the project of “Strengthening capacity of workforces of the DSS to deliver Mental Health and Psychosocial Support (MHPSS) to children in need of care and protection” funded by UNICEF Bangladesh (August 2024-May 2025).

Worked as a Counseling Supervisor for the project of “Enhancing the quality of mental health service delivery to the host and Rohingya community” funded by International Organization for Migration (IOM), Bangladesh (August - December 2019).

INVITED LECTURE/WORKSHOP/ PRESENTATIONS

- Workshop on “Burnout Management”. Organized by Health Department of Bangladesh Red Crescent Society (BDRCS), 13th October 2025.
- Presentation on “MHPSS Impacts During and Immediate After an Emergency or Disaster” at stakeholder meeting on “Mental Health and Psychosocial Support (MHPSS) in an emergency”. Organized by Health Department of Bangladesh Red Crescent Society (BDRCS), Dhaka, 23rd December 2024.
- Keynote Speaker on “Mental Health Seminar”. Organized by Aloron Club, Mawlana Bhashani Science and Technology University, 07th December 2024.
- Workshop on “Building Resilience: Dealing with Trauma from Harassment, Coping and Healing”, organized by Criminology Department, University of Dhaka, 02nd December, 2024.
- Workshop on “Stress Management Sessions” for the BDRCS's NHQ Staff. Organized by Health Department of Bangladesh Red Crescent Society (BDRCS), Dhaka, 13th -14th November 2024.
- Workshop on “Mental Health for Graduate Students of National University”. Organized by National University, Sylhet, 20th October 2024.
- Workshop on “Understanding PFA and It’s Core Understanding”. Organized by Bangladesh Clinical Psychology Department and Bangladesh Clinical Psychology Society (BCPS), 21st October 2023.

TRAINING

TRAINING OFFERED

- Training on “Basic Therapeutic Counselling Skills”. Organized by Quantum Foundation, 27th – 28th September, 2025.
- Training on “Cognitive Behavior Therapy”. Organized by Department of Psychology, Gopalganj Science and Technology University, 15th – 17th September 2025.
- Training on “Basic Counselling Skills”. Organized by Department of Psychology, Gopalganj Science and Technology University, 08th – 10th July 2025.
- Training on “Core Trainer Training Program for College Teachers on Mental Health Awareness”. Organized by National University, Dhaka, 23rd & 25th April 2025.
- Training on “Psychosocial Training on Mental Health for Counsellor /HIV Service Providers”. Organized by AIDS/ STD Programme (ASP), Bangladesh, 28th -29th December 2024.
- “Training on Capacity Development”. Organized by Organized by International Rescue Committee (IRC), Cox’s Bazar, Bangladesh, 2023.
- “ToT on MHPSS and PFA”. Organized by Organized by International Rescue Committee (IRC), Cox’s Bazar, Bangladesh, 2022.
- “Training on Staff Care”. Organized by Organized by International Rescue Committee (IRC), Cox’s Bazar, Bangladesh, 2022.

TRAINING /COURSE RECEIVED

- “Foundation Certificate in University Teaching and Learning”. Organized by University of Dhaka, Bangladesh, 23rd May – 06th June 2024.
- “Compass Program” by International Rescue Committee (IRC) & Harvard Business Publishing (Online format), 01st January-30th May 2023.
- “Women Rise: Group Psychosocial Support Skills Training”. Organized by International Rescue Committee (IRC), Cox’s Bazar, Bangladesh, 16th – 18th April 2023.
- “Field- READI Safety Course” by International Rescue Committee (IRC), Cox’s Bazar, Bangladesh, 02nd – 06th February 2023.
- “Introductory Palliative Care for Humanitarian Health Care Workers” (14- hour training) implemented by Project ECHO, Cox's Bazar, Bangladesh (online format), 01st May- 31st July 2022.
- “mhGAP Intervention Training” by World Health Organization (WHO), Bangladesh, 21st – 25th December 2021.
- Training on “Integrating GBV-MHPSS-SRH responses within Community Resources Center” by Medecins Du Monde (MdM), Bangladesh, 05th – 12th October 2021.
- “Crisis Preparedness & Management for Mental Health” by Ministry of Disaster Management, Bangladesh, 2019.

- “Child & Adolescent Mental Health problems”. Organized by Department of Clinical Psychology, University of Dhaka, Bangladesh, 2018.
- Training Course on “Statistical Data Analysis for Biological Sciences by Institute of Statistical Research and Training (ISRT)”, University of Dhaka, December 2016.
- “Adult Mental Health Problems”. Organized by Department of Clinical Psychology, University of Dhaka, Bangladesh, 2016.

CLINICAL PLACEMENT/INTERNSHIP

- Honorary Trainee Clinical Psychologist at Department of Psychiatry, SSMC & Mitford Hospital, Dhaka-1100, Bangladesh, 28th November 2018-27th May 2019.
- Trainee Clinical Psychologist at the National Institute of Mental Health (NIMH) Dhaka, Bangladesh, 16th May- 15th November 2018.
- Trainee Psychologist at the Student Counseling and Guidance Office, Teacher Student Center (TSC), University of Dhaka, Bangladesh, 01st January- 30th June 2017.
- Trainee Clinical Psychologist at the Psychiatric Department of Dhaka Medical College (DMC) Hospital, Dhaka, Bangladesh, 13rd December 2016- 12th June 2017.
- Trainee Clinical Psychologist at the National Institute of Mental Health (NIMH) Dhaka, Bangladesh, 03rd April 2016- 3rd November 2016.

LEADERSHIP SKILLS

- Student Coordinator World Mental Health Day-2023 celebration. Organized by Dept. of Clinical Psychology, University of Dhaka, Bangladesh.
- Seminar Coordinator at World Mental Health Day-2019 celebration. Organized by Dept. of Clinical Psychology, University of Dhaka, Bangladesh.
- Student Coordinator at 5th Bangladesh clinical Psychology Conference *and* 8th International Council of Psychology Educators (ICOPE) Conference, 22th -25th March, 2019.
- Volunteer Coordinator at 6th Asian Cognitive Behavior Therapy Conference. Organized by Dept. of Clinical Psychology, University of Dhaka, Bangladesh, 09th - 12th February, 2018.
- Volunteer on Basic Therapeutic Counseling Skills by Department of Clinical Psychology, 27th – 29th January 2018.
- Trainee Student Observer Member, EC of Bangladesh Clinical Psychological Society (BCPS), 2016-2017.
- Registration Coordinator at World Mental Health Day-2015 celebration. Organized by Dept. of Clinical Psychology, University of Dhaka, Bangladesh.
- Volunteer at World Mental Health Day-2015 celebration. Organized by Dept. of Clinical Psychology, University of Dhaka, Bangladesh.

PROFESSIONAL AFFILIATIONS

General Member (ID: G25002), Bangladesh Clinical Psychology Society (BCPS)

PERSONAL INFORMATION

Mailing Address	:	Room No: 5017, 4rth floor, Arts Building, Dept. of Clinical Psychology, University of Dhaka, Bangladesh
Nationality	:	Bangladeshi
Religion	:	Islam
Sex	:	Female
Hobbies	:	Traveling, Enjoying Nature, Listening Music

Liza Akter