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POSTSECONDARY EDUCATION

- M.S. Counselling Psychology, Dept. of Educational and Counselling Psychology, University of Dhaka, Bangladesh [Jan 2022 –Aug 2023] CGPA: 3.84 (out of 4) First class first.
- **B.S.** Psychology, **University of Dhaka**, Bangladesh [Jan 2017 –Dec 2021] CGPA: 3.79 (out of 4) First class second.

AWARDS AND HONORS

- MU Ahmed Merit Scholarship, 2019, University of Dhaka
- Dean's Award, faculty of biological science, 2020.
- Dhaka university Merit Scholarship, 2020
- National Science and Technology Fellowship (NST), 2022
- Second best paper presenter award in 6th Bangladesh Clinical Conference 2023

LABORATORY SKILLS

Training: Transactional analysis (TA), Cognitive Behavior Therapy (CBT), Person centered therapy, Basic Psychometrics, Advance Psychometrics.

RELEVANT WORK EXPERIENCE

- Lecturer [June 2024 -Present]Department of Educational and Counselling Psychology, University of Dhaka
- **Staff Researcher** [February 2024 June 2024] BRAC Institute of Educational Development, BRAC University
- **Psychologist** [January, 2024] Mind to Heart
- Trainee Counselling Psychologist [Oct 2022 –December 2023] Tsc Student Counselling and Guidance Office, University of Dhaka
- Trainee Counselling Psychologist [March ,2023- July , 2023] Internship in National Institute of Mental Health (NIMH)

VOLUNTEERING EXPERIENCE

- **Translator,** Global center for innovation and learning, US [2018-2020]
- **Volunteer,** 6th Asian CBT Conference [2018]
- **Executive member**, Dhaka University Research Society [2019-2020]
- Workshop Facilitator [2022] ,Bangladesh Psychological Association(BPA), 2022 conference