



# CALL FOR PAPER

## International e-Conference

on  
**Sufi Psychology,  
Perfected Humanity and Divine Inspiration**  
(ICSPPHDI 2022)

Chief Patron :  
**SYED EMDADUL HOQUE  
MAIZBHANDARI**

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Maizbhandar Darbar Sharif  
Fatikchari, Chattogram,  
Bangladesh. & Founder, DIRI

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Organized By:



**Darul Irfan  
Research Institute  
(DIRI)**

In Collaboration With



**Department of Psychology  
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Venue : **Electronic Platform**  
Dates : 05-06 October 2022  
[www.diri.org.bd/ICSPPHDI2022](http://www.diri.org.bd/ICSPPHDI2022)  
#diriicspphdi2022

Psychology is the scientific study of the mind and how it dictates and influences our behaviour from communication and memory to thought and emotion. It has its root way back in Greek and Roman civilizations who treated it within the broader structure of philosophy and looked beyond the human mind. Though there are many differences in methods and explanations, religions regard human beings as an entity consists of body and soul. Religions also put a great emphasis on understanding and analysing human psychology in order to modify human cognition and behaviour and to lead them to a desired destination, both in materialistic and spiritual contexts.

Sufism, the inward dimension of Islam, acts as a provider of moral values and the ambience for their practice, and contributes into the stability of their social, physical and mental health. Sufi stations like *zuhd* (asceticism), *tawakkul* (reliance on Allah), *muhabbah* (love) etc. are a contributory factor in an individual's development of his cognition and subsequent behaviours. It addresses all the elements of psychological well-being of an individual such as; self-acceptance, positive relationships with others, independence, environmental mastery, life goals and personal development. Sufi masters take part in sessions offering spiritual counselling or psychotherapy to their aspirants to maintain a stable good mental health and prescribe remedies for human spiritual and psychological illness.

Historical success of the Sufi saints in attracting people of different places, cultures and languages greatly lies in their profound understanding of human psyche and its needs, in addition to their sublime character, spiritual influence and flexible attitude to adapt and accommodate new ideas and cultures. Sufi masters had to have a great deal of understanding about human mind and its process; thus, had the ability to guide it to its desired advancements. They analyzed human mind and behaviours through a wider speculations and took human nature, the meaning of life, his place in the universe, his role in the society, his nature of association with both the Creator and his fellow human beings and knowledge as well as *ruh* (soul), *qalb* (heart), *aql* (mind), *latifa* (spiritual faculties), *nafs* (ego) and *jism* (body), etc. into their consideration. However, there is a substantial challenge to exemplify and interpret traditional Sufi psychology and its theories in the context of its modern counterparts.

The international e-conference 'Sufi Psychology: Perfected Humanity and Divine Inspiration (ICSPPHDI 2022)' aims to present a platform where the scholars and researchers can come out of the traditional comfort zones of psychology and can re-evaluate the present theories and concepts of human psychology in relation to Sufism or religious values to reconstruct a wider image of human behaviour and its motivators that contains all the mysteries of human psychology.



### Papers are invited on any of the following sub-themes.

1. The evolution of Sufi psychology
2. Body-Mind-Soul and Sufi psychology
3. Psychosomatic practice and Sufism
4. Sufi meditation, Mindfulness and Well being
5. Psychoanalysis, Psychotherapy and Sufi Practices for Perfected Humanity
6. Perfected humanity and Divine inspiration (ilham, ilqa) in Psychology
7. Sufism and Mental Health
8. Sufi Psychology, Educational and Work Place Behavior
9. Sufism and Cognition (Memory, Creative Thinking etc.)
10. Sufi Psychology and Consciousness
11. Usul-e-Sab'a (seven principles) : The self-assessment means of Maizbhandari Sufi psyche
12. Any other topic related with the main theme.

### Basic formatting of the manuscripts:

1. Word limit is 5000-7000 words.
2. All articles must contain an abstract of 200-300 words and up to 6 keywords. (Times New Roman, 11 pt, justified.)
3. All manuscripts must be in MS Word format – double spaced with one inch (2.5 cm) margin, Times New Roman, 12 pt. (Please upload two separate files in both MS Word and PDF)
4. Quotations, notes, tables and figures should be prepared in accordance with MLA 8th edition, APA 6th edition.

### Important Dates :

Abstract Due	30 June 2022
Abstract Acceptance	31 July 2022
Full Paper Submission Deadline	31 August 2022
e-Conference Date	5 & 6 October 2022

### Language:

English and Bengali.

For papers written in Bengali, please see additional guidelines.

### Paper Submission:

Please, register and submit your abstract and full paper according to the guideline at <https://conference.diri.org.bd>

### Additional Guidelines

An English translated version of the abstract should be provided for papers which are not written in English. For papers written in Bangla, please use SutonnyMJ (বাংলা ভাষায় লেখা প্রবন্ধের জন্য বিজয় অথবা অভ্র ব্যবহার করুন। এবং অবশ্যই এম এস ওয়ার্ড ও পিডিএফ ফাইল আপলোড করুন।)

### Publication

All accepted papers will be published in the conference proceeding (ISBN: 978-984-35-2350-1, print) and will be delivered during the conference. Selected papers will be published in Darul Irfan Research Journal (ISSN: 2710-3595 Vol. 3, Issue 1 print) after peer review process.

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### Dr. Md. Shafiul Hasan

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