

Training Schedule
Clinical Skills Training on Adult Mental Health
PHASE- I
 26th Intake, Department of Clinical Psychology
 University of Dhaka

Day	Date	Time	Title	Facilitator	Method
Day 1	07-6-23	9.30-10.00	Inauguration	All faculty members	
		10.00-11.00	Case Presentation	Runty	Presentation
		11.00-1.00	Common Mental Health Problems	Dr. Shahnur Hossain Liza	Discussion & Role play
		2.00-5.00	Basic Communication Skills in Clinical Practice Principles of Person-Centred Approach Micro-Skills Practice Integration of Skills	Salma Parveen, Jobeda Khatun, Farzana Akter Liza	Discussion & Role play & Practice
Day 2	8-6-23	9.30-5.00	Basic Communication Skills in Clinical Practice Micro-Skills Practice Integration of Skills Professionalism	Salma Parveen, Jobeda Khatun, Farzana Akter Liza	Discussion & Role play & Practice
Day 3	11-6-23	9.30-5.00	Case Building Exercise Principles of Clinical Assessment	Dr. Kamruzzaman Mozumder	Discussion & Presentation

Day 4	12-6-23	9.30-5.00	Assessment- Areas of Assessment Assessment : Clinical Interview	Dr. Kamruzzaman Mozumder Tanvir	Discussion & Role Play
Day 5	13-6-23	9.30-1.00	Assessment : Clinical Interview	Dr. Shahnur Hossain Shamma	Role Play & Practice
		2.00-5.00	Assessment Psychometric Tools and Practice Writing Psychometric Assessment Report	Ashik, Prokritee	Discussion & Practice
Day 6	14-6-23	9.30-5.00	Formulation	Tarun Kanti Gayen	Discussion & Practice
Day 7	15-6-23	9.30-1.00	Initial CBT Session - Structure & Goals	Tarun Kanti Gayen & Omar Faruk	Discussion
		2.00-5.00	Cognitive Techniques	Husnay Ara Begum	Discussion, Role Play
Day 8	18-6-23	9.30-1.00	Cognitive Techniques	Husnay Ara Begum Fatema	Discussion & Practice
		2.00-5.00	Socratic Questioning	Tarun Kanti Gayen Fatema	Discussion & Practice
Day 9	19-6-23	09.3-2.00	Behavioral Principles & Technique	Tamima Tanjin Badsha	Discussion, Role play & Practice

Day 10	20-6-23	9.30-1.00	Specific Intervention : Stress Management and Relaxation	Kamal Uddin Ahmed Chowdhury	Discussion & Practice
		1.30-3.30	Ethical Principles & Supervision In Clinical Psychology (With Signing Of Code Of Conduct)	Dr. Mohammad Mahmudur Rahman & Farzana Akter	Discussion
Closing Of Phase-1 Training					