

SYLLABUS

For
M.Phil Program in Social Welfare

Session: 2019–2020 and onward



INSTITUTE OF SOCIAL WELFARE AND RESEARCH
UNIVERSITY OF DHAKA

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Syllabus for M. Phil Program in Social Welfare

First Year:

Course No. 01: Social Work and Social Welfare: Theory and Practice	50
Course No. 02: Bangladesh Society, Culture and Social Development	50
Course No. 03: Social Research Methodology and Statistics	50
Course No. 04: Qualitative and Quantitative Research Designs	50
Viva Voce	100
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Total Marks	300

Second Year:

Dissertation and Viva Voce

THE INSTITUTE OF SOCIAL WELFARE AND RESEARCH (ISWR)

The Institute of Social Welfare and Research (ISWR) was established in 1958 as a constituent College of the University of Dhaka. It was jointly sponsored by the then central Government of Pakistan and the United Nations Technical Assistance Program. Subsequently after the emergence of Bangladesh the then College of Social Welfare and Research Centre was merged with the University of Dhaka as an Institute named “Institute of Social Welfare and Research” (ISWR) in March 1973. More than 100 students get usually enrolled in the BSS Honors Program in each academic session. The Institute also offers Masters, M. Phil and Ph. D degrees. The Institute of other academic programs periodically organizes discussions, sessions and seminars. As for professional awareness, there are scopes for training/ workshop program on Social Research Methodology, Disaster Management, and other contemporary issues. The institute is located in a separate campus with many other University establishments. It has a confined and excellent environment characterized by ongoing day and evening programs. There are ample opportunities for the teachers and research fellows for searching secondary source materials. For teaching and research activities, the Institute has a rich Library equipped with more than thirty thousand books, periodicals and journals of national and international origin; and it is well connected with global world.

Programs

BSS Honors Program

BSS Honors in Social Welfare is an eight-semester covering four years, full time program with theoretical courses of instruction, field practice research and examinations.

Masters Program

Masters in Social Welfare is a one-year program and the students who successfully complete the BSS Honors in Social Welfare are eligible for enrollment in this program. The program is administered by theoretical courses of instructions, thesis, field practicum, seminar and examinations.

M. Phil Program

It is a two-year full-time program, first year is administered by course work and second year by a thesis on the topic approved by the Academic Council. In this program students are guided by supervising teachers in conducting research work and preparing thesis.

Ph. D Program

The Institute also offers Ph.D program. Ph. D students are guided by the authorized supervisors in selecting the area of research and writing dissertations.

ISWR also provides the Evening Masters One Year Program, Evening Masters Two Year Program and Specialized Masters Program in Clinical Social Work (CSW), Victimology and Restorative Justice (VRJ), Gerontology and Geriatric Welfare (GGW), and Industrial Relations and Labor Studies (IRLS). Fresh Graduates, Government Officials, NGO activists, Social Workers and other professionals have shown great interest in these courses.

It has a regular publication, namely *The Journal of Social Development* (both in Bangla and English)

Syllabus for M. Phil Program in Social Welfare

Course No. 01

Course Title: **Social Work and Social Welfare: Theory and Practice**

1. CONCEPTUAL ORIENTATION

1.1 Introduction to Concepts: Theory, Perspective, Paradigm, Practice Model/Approach, Social Work, Social Welfare, Social Service, Social Change, Social Reform, Social Development and Theoretical knowledge Base of Social Work

1.2 Philosophy, Emergence of Social Work with Theoretical and Methodological Development

2. SOCIAL WORK THEORIES IN SOCIAL WORK PRACTICE

2.1 Human Behavior Theory: Systems Theory (Ecological Systems, Family Systems)

2.2 Behaviorism and Social Learning Theory: Cognitive Theory, Behavioral Theory, Social Learning Theory

2.3 Psychodynamic Theory: Classical Psychodynamic Theory, Ego-Psychology Object-Relations Theory, Self-Psychology

2.4 Transpersonal Theory: Developmental Perspective; Humanistic Perspective

2.5 Social Exchange Theory: Rational Choice Perspective

2.6 Conflict Theory: Conflict Perspective, Social Constructionism [Social Constructionist Perspective]

2.7 Application of Theories in Social Work.

3 PRACTICE MODELS/ APPROACHES IN SOCIAL WORK PRACTICE

3.1 Definition of Model and Approach in Social Work

3.2 Practice Approaches: Psychodynamic Approach, Behavioral and Cognitive Behavioral Approach, System Models, Existential and Humanistic Approach, Client-centered Approach, Crisis Intervention and Task-Centered Approach, Problem Solving Approach, Strength-Based and Empowerment Approach, Radical/Structural Approach

4. PERSPECTIVES IN SOCIAL WORK PRACTICE

4.1 Person-in-Environment (Situation) Perspective

4.2 Strengths Perspective

4.3 Feminist Perspective

4.4. Ecosystems Perspective

4.5. Developmental Perspective

4.6 Conflict Perspective

4.7 Bio-psychosocial Perspective

References

- 1 Berg-Weger, Marla (2005) *Social Work and Social Welfare: An Invitation*. New York: McGraw Hill.
- 2 Compton, B.R, and Galaway, B. (1999) *The Ecosystems Perspective and the Use of Knowledge in Compton, B.R, Beulah, R. and Galaway, B. (Eds.) Social Work Processes*. California: Brooks/Cole.
- 3 Coulshed, V. (1991) *Social Work Practice (2nd Ed)*. Macmillan, Basingstoke and London.
- 4 Green Lister, P (2012) *Integrating Social Work Theory and Practice: A Practical Skills Guide*. Abingdon: Routledge.
- 5 Howe, D (2009) *A Brief Introduction to Social Work Theory*. Basingstoke: Palgrave Macmillan.
- 6 K Engelbrecht, Lambert (1999) *Introduction to Social Work*. Wellington: Lanzo,
- 7 Lena Dominelli (2002) *Feminist Social Work Theory and Practice*. New York: Palgrave Macmillan.
- 8 Leskosek Vesna (Ed.) (2009) *Theories and Methods of Social Work: Exploring Different Perspectives*. Ljubljana, Slovenia: Faculty of Social Work.
- 9 Lindsay, T (Ed.) (2009) *Social Work Intervention*. Learning Matters Ltd, Exeter
- 10 Maclean, S and Harrison, R (2008) *Social Work Theory*. Rugeley: Kirwan Maclean Associates.
- 11 Midgley, J. (1995) *Social Development: The Developmental Perspective in Social Welfare*. Thousand Oaks, CA: Sage Publication.
- 12 Payne, M (2005) *Modern Social Work Theory*. (3rd Ed.) Basingstoke: Palgrave Macmillan.
- 13 Poulter, J. (2005). *Integrating theory and practice: A new heuristic paradigm for social work practice*. *Australian Social Work*. Vol. 58. No.2
- 14 Skidmore, Rex A and Thackeray, Milton G. (1982) *Introduction to Social Work*. New Jersey: Prentice Hall, Englewood Cliffs.
- 15 Trevithick, P. (2008) *Revisiting the Knowledge Base of Social Work: A Framework for Practice*. *British Journal of Social Work*. Vol. 38 No. 6.
- 16 Teater, B. (2010) *An Introduction to Applying Social Work Theories and Methods*. Maidenhead, Open University Press.
17. Turner, F. (1996) *Social Work Treatment: Interlocking Theoretical Approaches (4th Ed.)*. New York: The Free Press.

Syllabus for M.Phil Program in Social Welfare
Course No. 02
Course Title: **Bangladesh Society, Culture and Social Development**

1. Concepts of Culture, Society and Environment: Components and types of Culture; Cultural Theories; Rural and Urban Culture in Bangladesh; Population and Population growth.
2. Concepts of Social Institution: Marriage and family; Kingships; Social Stratification; Social Structure; Social Change; Concepts Causes and important.
3. Social Development: History, Theories, Indicators, Models and Strategies, Globalization and its' impacts; Development and Partnership Organization; Social Development and Economic Development; Social Development and Social Work Methods and approaches, Sustainable Development Goals (SDGs)
4. Major Areas of Social Development: Human Resource Development, Social Capital Formation, Resource Mobilization, Local-self Government and People's Participation. Women Empowerment; Youth Development, Government and NGO Initiatives in Poverty Alleviation and Social Development.
5. Social Development in South-Asia Region; India, Srilanka, Bhutan, Nepal, Malayasia

Books Recommended

Bell, Winifred. (1987). Contemporary Social Welfare, New York, MacMillan publishing.

Clark, Ian, (1997). Globalization and Fragmentation, London, Oxford University Press.

George, Vic and Wilding, Paul (1984). The Impact of Social Policy, London, Routledge.

George, Vic and Wilding, Paul (1993). Ideology and Social Welfare, London Routledge.

Ross, Murray G. Case Histories in Community Organization, Harper & Brothers Publishers, New York, 1958.

Midgley, James, (1995). Social Development: The Developmental Perspective in Social Welfare, SAGE Publication, London.

Webster, A (1984). Introduction to the Sociology of Development, The Macmillan Ltd, London.

সামাদ, মুহাম্মদ (১৯৯৪), বাংলাদেশে গ্রামীণ দারিদ্র মোচনে এনজিও'র ভূমিকা, আগামী প্রকাশনী, ঢাকা।

মুহাম্মদ, আনু (১৯৮৮), বাংলাদেশে উন্নয়ন সংকট এবং এনজিও মডেল, প্রচিন্তা প্রকাশনী, ঢাকা।

সেন, রংগলাল। বাংলাদেশের সামাজিক স্তরবিন্যাস।

সেন, রংগলাল। সমাজকাঠামো, পুঁজিবাদ ও সমাজতন্ত্র। ঢাকা, নিউ এজ পাবলিকেশন্স, ১৯৯৭।

Syllabus for M.Phil Program in Social Welfare
Course No. 03
Course Title: Social Research Methodology and Statistics

1. Developing a Research Proposal on Selected Social Research Issues.
2. Literature Review: Importance and Function of Literature Review in Conducting Social Research. Use and techniques, Techniques of Writing References and Preparing the Bibliography.
3. Design of Social Research: Survey, Case study, Experimental and Ethnographic.
4. Sampling: Concepts, types of Importance of Sampling in Social Research and Methods of Sampling, Sampling and Non-Sampling errors.
5. Techniques of data collection: Interview, observation, in-depth case interviews, Focus Group Discussions (FGDs), Key informants' Interviews (KIIs) community mapping.
6. Techniques of data collection instruments: Interview schedule, guideline and checklist.
7. Analysis and Presentation of Data: Qualitative and Quantative Data Analysis Techniques, Data Presentation Techniques.
8. Measures of Central Tendency, Dispersion, Correlation, Regression and Chai- square tests.

Suggested Reading Materials:

- Baily, Kenneth, D., 1982. *Methods in Social Research*. New York: Free Press.
- Blalock and Balock., 1982. *Introduction to Social Research*. New Jersey: Prentice Hall.
- Flick, U., 2008. *Designing Qualitative Research*. New Delhi: Sage Publication.
- Googe and Hatt., 1952. *Methods in Social Research*. New York: McGraw Hill.
- Hans, Raj., 1987. *Theory and Practice in Social Research*. Delhi: Surjeet Publication.
- H, Russell Bernad,, 2000. *Social Research Methods*. New Delhi: Sage Publication Inc.
- Kidder, L.H. and others (eds)., 1986. *Research Methods in Social Relations*. New York: CBS Publishing.
- Young, P.V., 1984. *Scientific Social Survey and Research*. New Delhi: Prentice Hall.
- Ghosh, K and Chudhury., 1964. *Statistics Theory and Practice*. Allahabad: Indian Press
- Gupta, S P and Gupta, M P., 1990. *Business Statistics*. New Delhi: S Chand and Sons.
- Mostafa, M. G., 1972. *Methods of Statistics*. Dhaka: Anwari Publication.
- Bryman Alan. 2012. *Social Research Methods (4th Edition)*. Oxford University Press: New York

Syllabus for M.Phil Program in Social Welfare
Course No. 04
Course Title: **Qualitative and Quantitative Research Designs**

- 01 Conceptual understanding of qualitative and quantitative research approaches: Definition, characteristics, scope, types and importance of research design: Definition, importance and scope
- 02 Philosophical paradigms of qualitative and quantitative research: Ontology, epistemology, grounded theory, constructivism, positivism, and pragmatism
- 03 Reasoning of research: Inductive versus deductive and reproductive versus abductive
- 04 Templates of qualitative and quantitative research designs
- 05 Field preparation and data collection procedures
- 06 Data presentation techniques and data analysis in qualitative and quantitative research approaches: Statistical analysis, thematic approach, descriptive analysis, triangulation
- 07 Basic packages of data analysis and measurement: SPSS and NVivo
- 08 Research management of qualitative and quantitative research approaches and qualities of a good research manager or team leader.
- 09 Report writing: Template of a report, techniques and strategies for writing a good academic research report

Readings:

- Cresswell, J. W. (1998). *Qualitative inquiry and research design: Choosing among five traditions*. Thousand Oaks, CA: Sage
- Bernard, H. R., & Bernard, H. R. (2013). *Social research methods: Qualitative and quantitative approaches*. Sage.
- Cresswell, J. W. (2014). *Research design: International student edition*. Los Angeles: SAGE
- Denzin, N. K., & Lincoln, Y. S. (Eds.). (2011). *The Sage handbook of qualitative research*. Sage.
- Islam, M. R. (ed.) (2019). *Social Research: A Handbook for Students in Developing Countries*. Springer: Netherlands (in Press).
- Islam, M. R. (2019). Preparation and development of data collection instruments for social research. In M. R. Islam (ed), *Social Research: A Handbook for Students in Developing Countries*. England Springer: Netherlands (in Press) (in Press).
- Islam, M. R. (ed.). (2019) *Social Research Methodology and New Techniques in Analysis, Interpretation and Writing*. USA: IGI Global.
- Islam, M. R., & Faruque, C. J. (Eds.) (2016 & 2017). *Qualitative research: Tools and techniques*. USA: Farwood Publishing and Dhaka: AH Development Publishing House.

- Islam, M. R., & Faruque, C. J. (2016). 'Features of qualitative research', in *Qualitative research: Tools and techniques*, M. R. Islam & C. J. Faruque (eds.). USA: Farwood Publishing.
- Islam, M. R. & Banda, D. (2011). Cross cultural social research with indigenous knowledge: Some dilemmas and lessons. *Journal of Social Research and Policy*, 2(1), 67-82.
- Maxwell, J. A. (2012). *Qualitative research design: An interactive approach* (Vol. 41). Sage publications.
- Miller, D. C., & Salkind, N. J. (2002). *Handbook of research design and social measurement*. Sage.
- Shadish, W. R., Cook, T. D., & Campbell, D. T. (2002). Experimental and quasi-experimental designs for generalized causal inference.
- Yin, R. K. (2017). *Case study research and applications: Design and methods*. Sage publications.
- Islam, M. R. (2019). Designing PhD research proposal in qualitative research. Islam, M. R. (ed.). *Social Research Methodology and New Techniques in Analysis, Interpretation and Writing*. USA: IGI Global.
- Islam, M. R. (2016). 'How to write a paper for a scientific Journal?' in *Qualitative research: Tools and techniques* edited by M. R. Islam & C. J. Faruque. USA: Farwood Publishing.
- Islam, M. R., Cojocar, Siti Hajar, A.B., S., Haris, A. W., & Sabri, S. (2014). Commune and procedural level challenges and limitations in conducting social research in Malaysia: A case of disabled people. *Review of Research and Social Intervention*, 46, 255-272.
- Islam, M. R., & Siti Hajar, A. B. (2013). Methodological challenges on community safe motherhood: A case study on community level health monitoring and advocacy programme in Bangladesh. *Review of Research and Social Intervention*, 42, 101-119.